



Are you unwell?

When you have diarrhoea and vomiting you may have trouble taking enough fluid to stay hydrated. This could put your kidneys at risk.

Check with your GP or pharmacist about taking your regular medicines.

Keep your kidneys safe

‘THINK KIDNEYS’

Visit www.thinkkidneys.nhs.uk
Or talk to your GP or pharmacist to find out more

‘THINK KIDNEYS’

NHS



Think Kidneys is a national programme led by NHS England in partnership with UK Renal Registry