## KQuIP/UKRR Regional Day East Midlands

## **11.00 – 11.20 - REFRESHMENTS**





## KQuIP/UKRR Regional Day East Midlands

11:20 - 12:00

- NHSBT Highlights from the NHSBT report and the recent national transplant peer review
- Update on Transplant Improvement Group activity Followed by Q & A

Rob Preston, Chair, East Midlands Transplant Improvement Group





# Kidney Transplantation East Midlands

## Rob Preston Consultant Nephrologist Chair, East Midlands Transplant Improvement Group

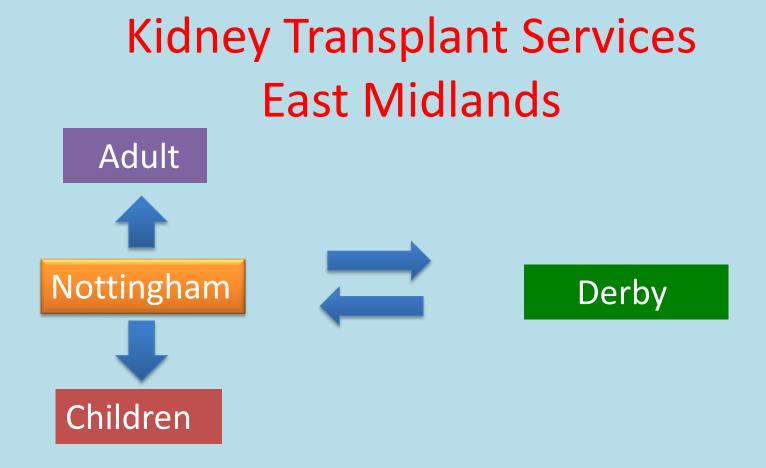
KQuIP/UKRR Regional Day – East Midlands 12th September 2017



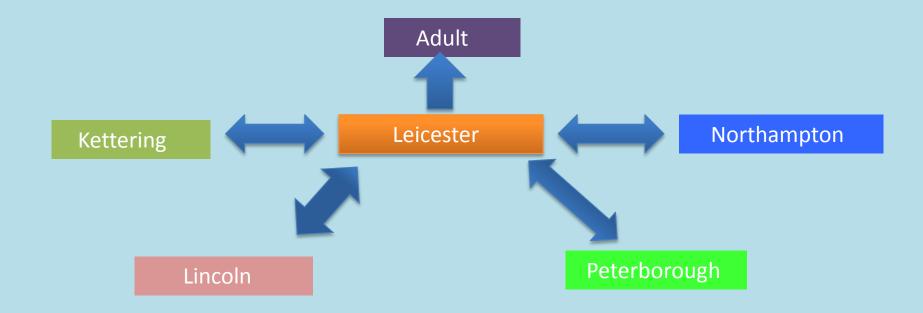
• NHSBT – Highlights [East Midlands]

• National Transplant Peer Review

• Transplant Improvement Group [TIG]

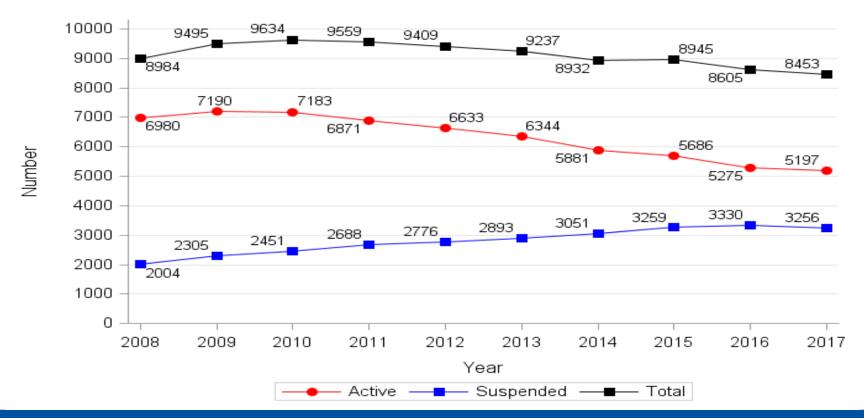


# Kidney Transplant Services East Midlands

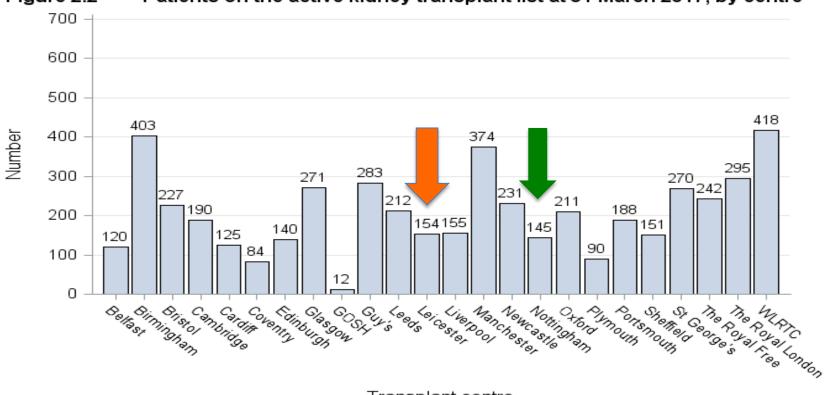




## Annual Report on Kidney Transplantation 2016/17 SLIDE SET



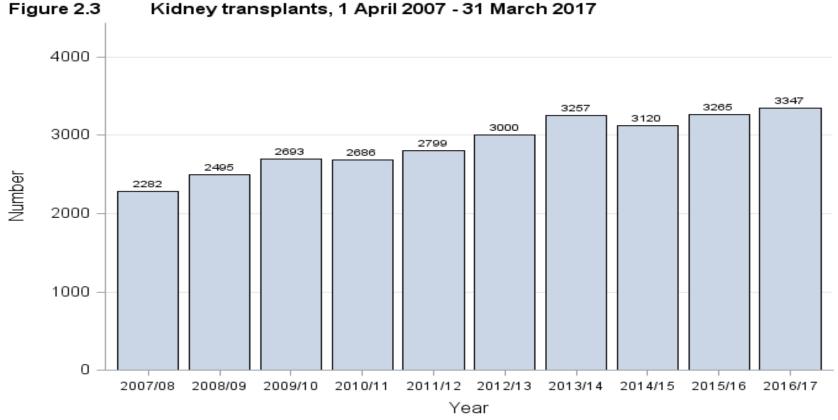
### Figure 2.1 Patients on the kidney transplant list at 31 March



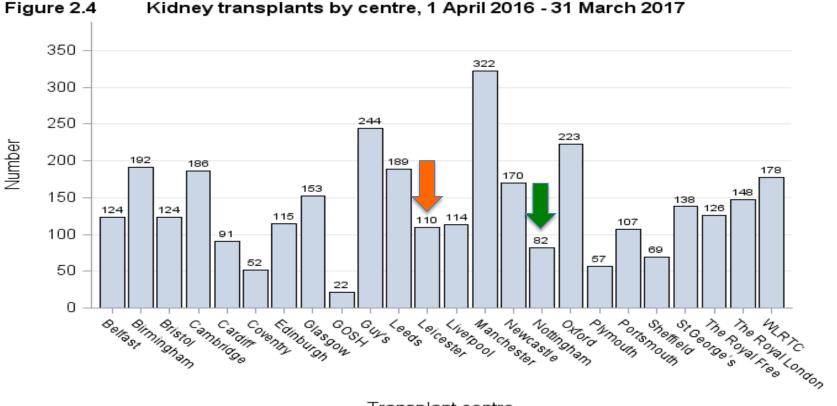
#### Figure 2.2 Patients on the active kidney transplant list at 31 March 2017, by centre

Transplant centre



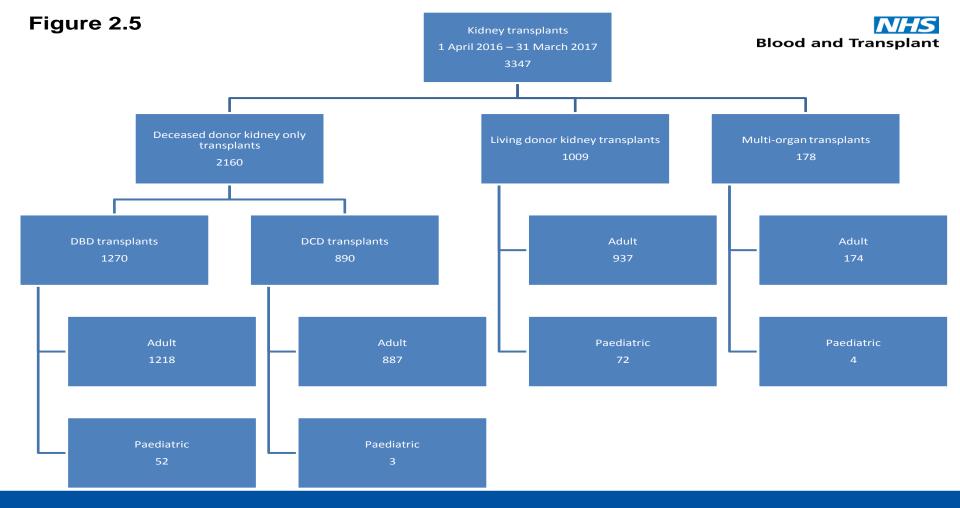






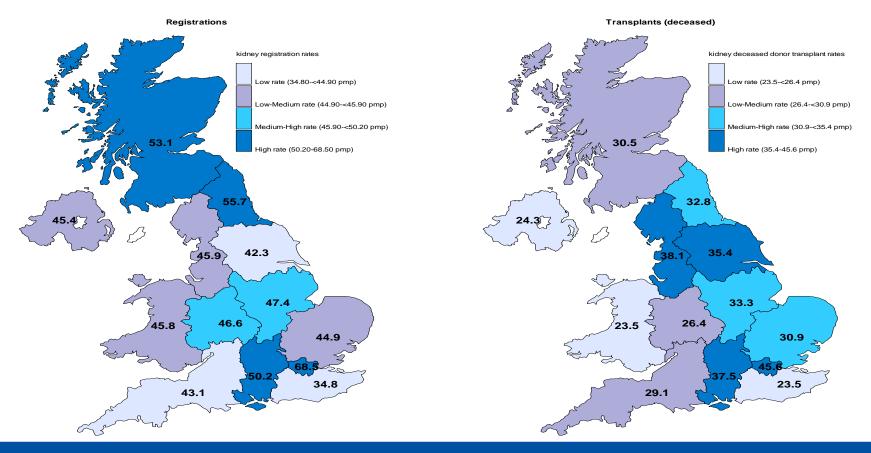
Kidney transplants by centre, 1 April 2016 - 31 March 2017

Transplant centre

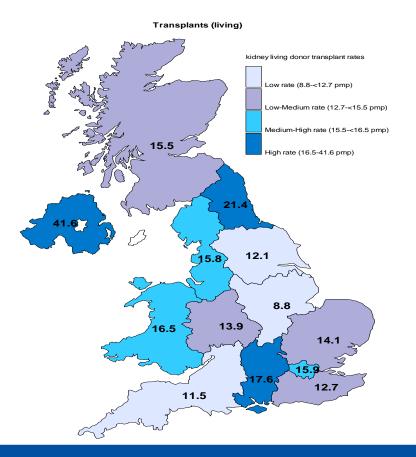


## Figure 2.6 Comparison of kidney registration rates (pmp) with deceased donor transplant rates (pmp) by recipient country/Strategic Health Authority of residence

## Blood and Transplant

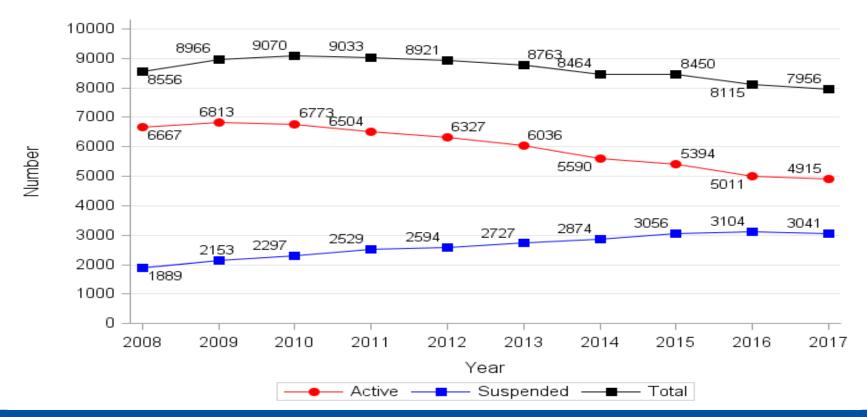


## Figure 2.7 Living donor kidney transplant rates (pmp) by recipient country/Strategic Health Authority of residence

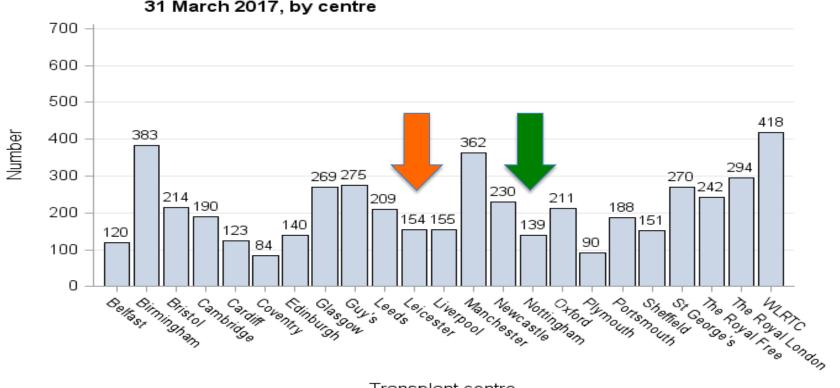




# **Adult Kidney Transplant List**

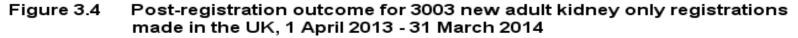


#### Figure 3.1 Adult patients on the kidney only transplant list at 31 March



## Figure 3.2 Adult patients on the active kidney only transplant list at 31 March 2017, by centre

Transplant centre



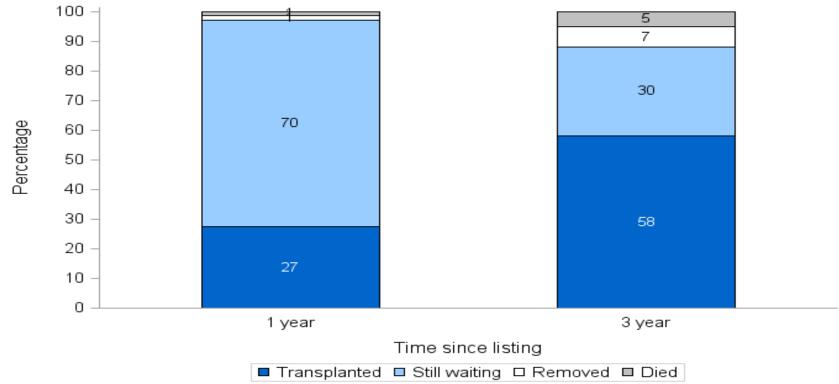
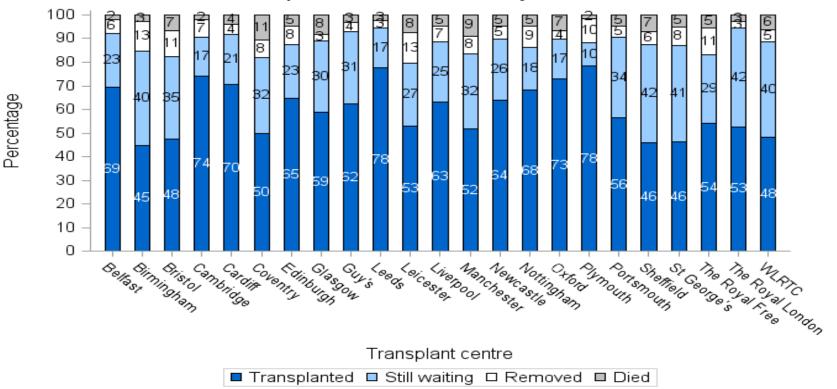
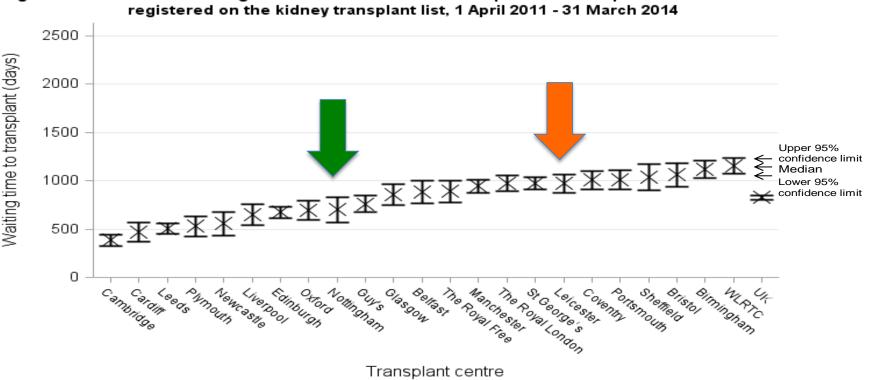
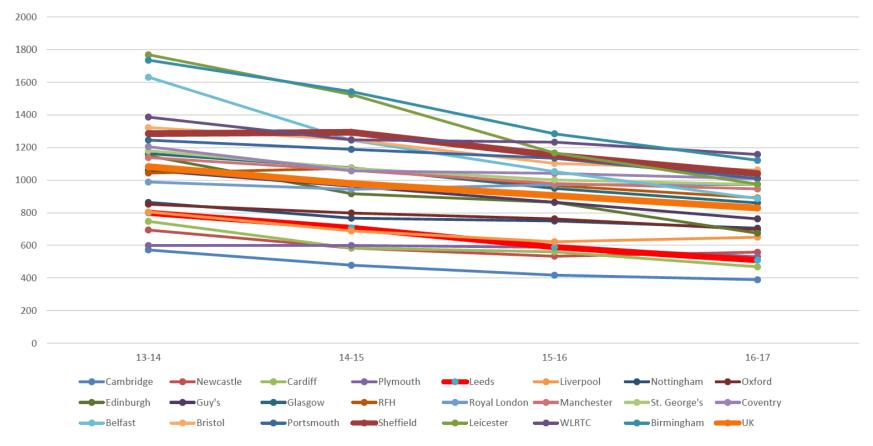


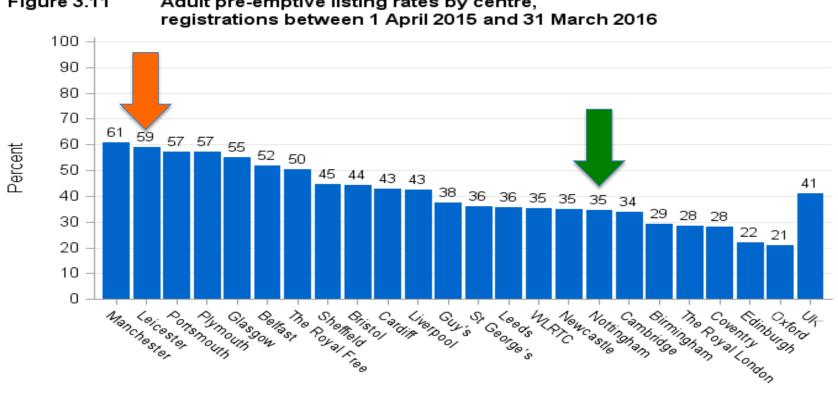
Figure 3.5 Three-year post-registration outcome for 3003 new adult kidney only registrations made in the UK, 1 April 2013 - 31 March 2014, by centre





#### Figure 3.10 Median waiting time to deceased donor transplant for adult patients





#### Figure 3.11 Adult pre-emptive listing rates by centre,

Transplant centre

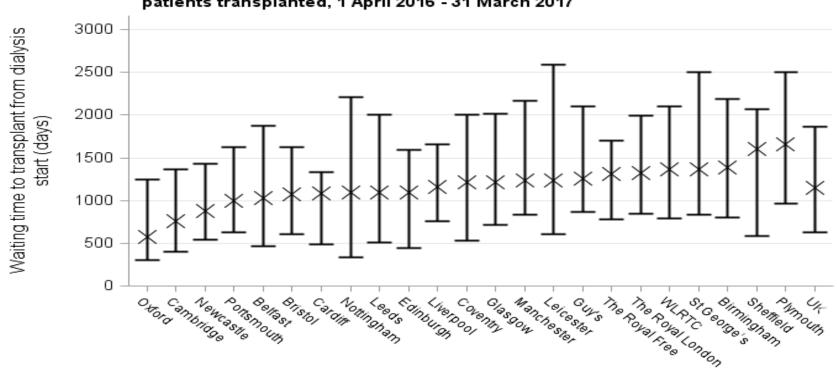
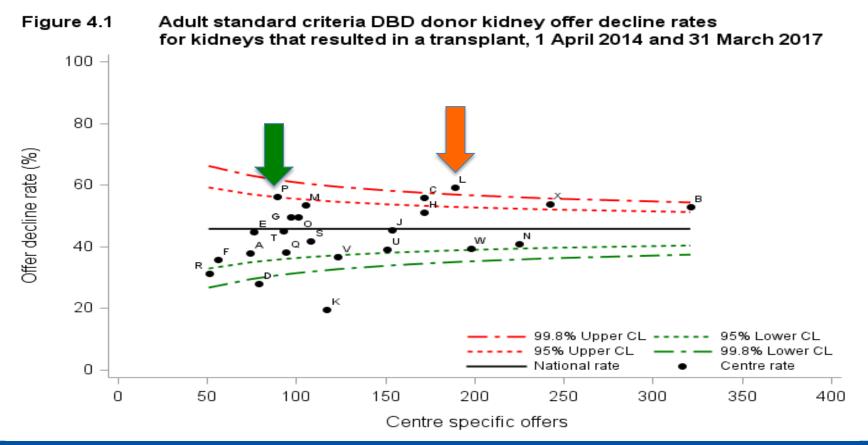


Figure 3.12 Median days from dialysis start date to deceased donor transplant for adult patients transplanted, 1 April 2016 - 31 March 2017

Transplant centre

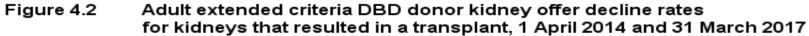


# **Response to Adult Kidney Offers**



# Adult standard criteria DBD donor kidney offer decline rates 2014 - 2017

		Ν	(%)	Ν	(%)	Ν	(%)	Ν	(%)
Belfast	Α	33	(42)	18	(39)	23	(30)	74	(38)
Birmingham	в	102	(49)	103	(52)	116	(57)	321	(53)
Bristol	С	59	(58)	49	(55)	64	(55)	172	(56)
Cambridge	D	32	(25)	20	(35)	27	(26)	79	(28)
Cardiff	E	24	(46)	26	(42)	26	(46)	76	(45)
Coventry	F	24	(38)	13	(46)	19	(26)	56	(36)
Edinburgh	G	26	(46)	40	(48)	31	(55)	97	(49)
Glasgow	н	46	(39)	58	(47)	68	(63)	172	(51)
Guy's	J	38	(45)	55	(44)	61	(48)	154	(45)
Leeds	ĸ	33	(18)	39	(23)	45	(18)	117	(20)
Leicester	L	106	(70)	42	(55)	41	(37)	189	(59)
Liverpool	M	35	(60)	41	(56)	29	(41)	105	(53)
Manchester	N	85	(42)	63	(33)	77	(45)	225	(41)
Newcastle	0	24	(67)	33	(45)	44	(43)	101	(50)
Nottingham	P	30	(57)	28	(50)	31	(61)	89	(56)
Oxford	Q	24	(38)	30	(23)	40	(50)	94	(38)
Plymouth	R	18	(33)	18	(28)	15	(33)	51	(31)
Portsmouth	S	38	(45)	22	(41)	48	(40)	108	(42)
Sheffield	Т	38	(45)	32	(47)	23	(43)	93	(45)
St George's	U	48	(27)	51	(41)	52	(48)	151	(39)
The Royal Free	V	52	(40)	37	(30)	34	(38)	123	(37)
The Royal London	W	60	(37)	61	(48)	77	(35)	198	(39)
WLRTC	Х	80	(51)	65	(54)	97	(56)	242	(54)
υκ		1055	<mark>(46)</mark>	944	(44)	1088	(46)	3087	(46)



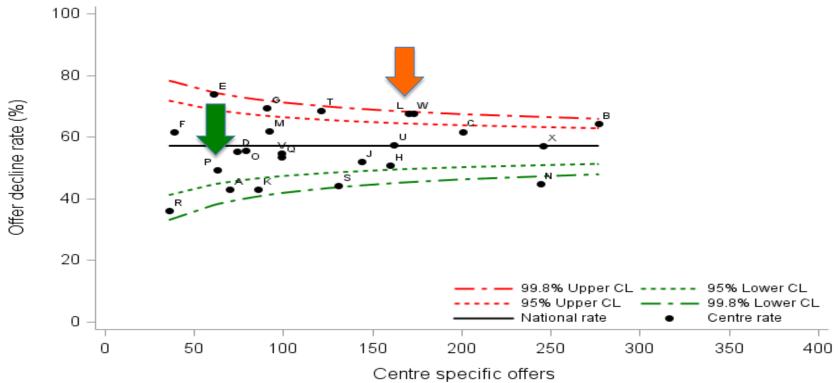


Figure 4.3 Adult standard criteria DCD donor kidney offer decline ratesfor kidneys that resulted in a transplant, 3 September 2014 and 31 March 2017 100 -80 Offer decline rate (%) в 60 м U С G 40 н Q 20 99.8% Upper CL 95% Lower CL 95% Upper CL 99.8% Lower CL National rate Centre rate 0 20 40 60 100 0 80 Centre specific offers



# **Adult Kidney Transplants**

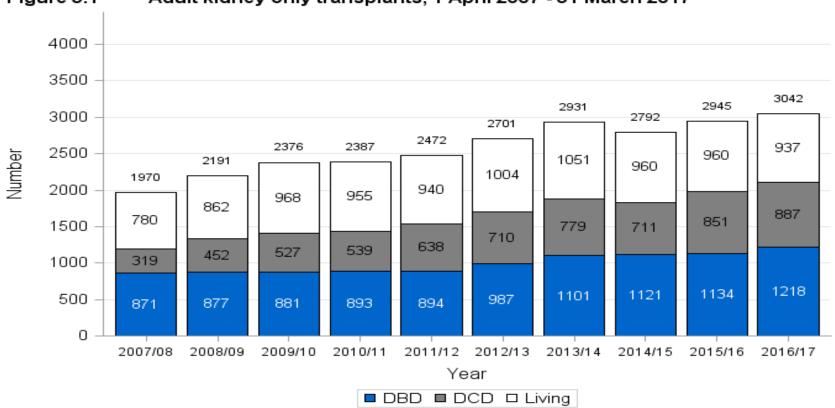
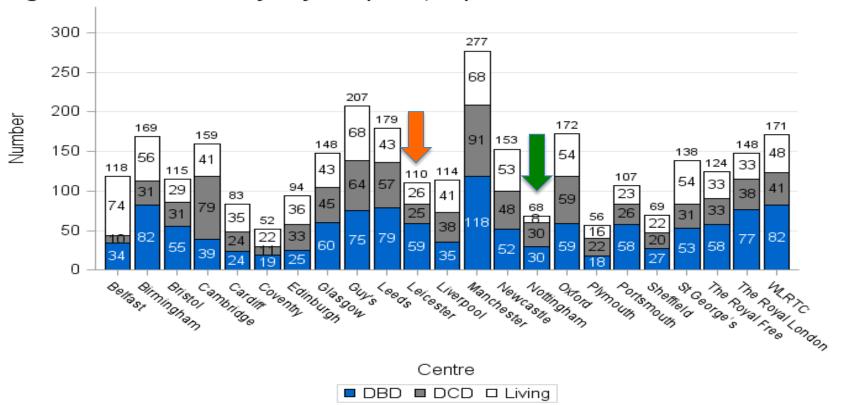
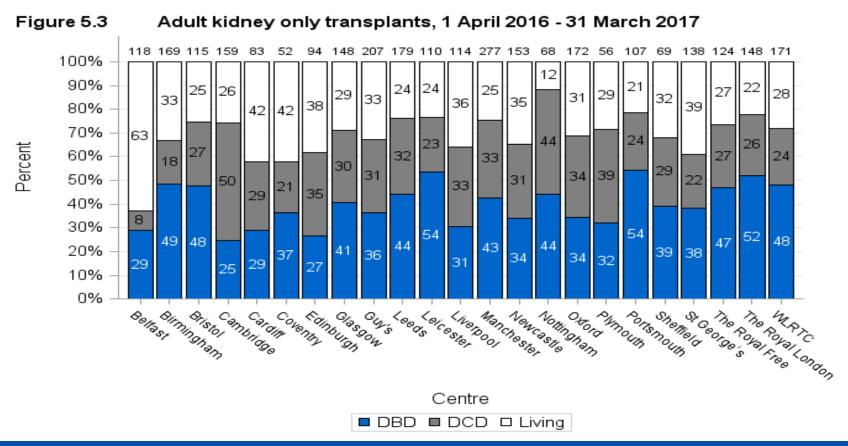


Figure 5.1 Adult kidney only transplants, 1 April 2007 - 31 March 2017



#### Figure 5.2 Adult kidney only transplants, 1 April 2016 - 31 March 2017



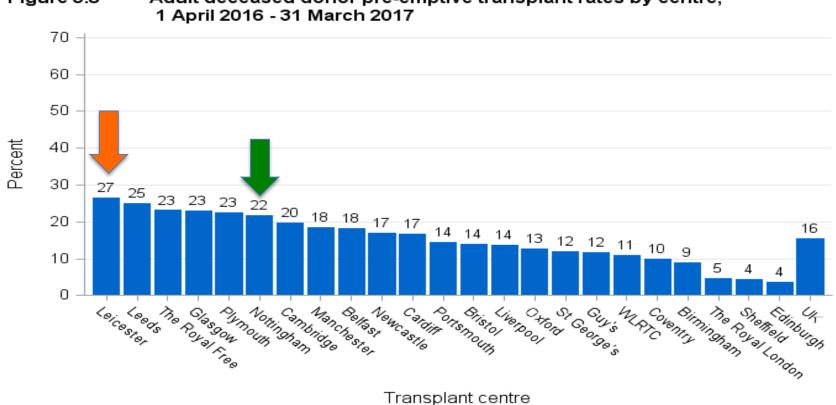
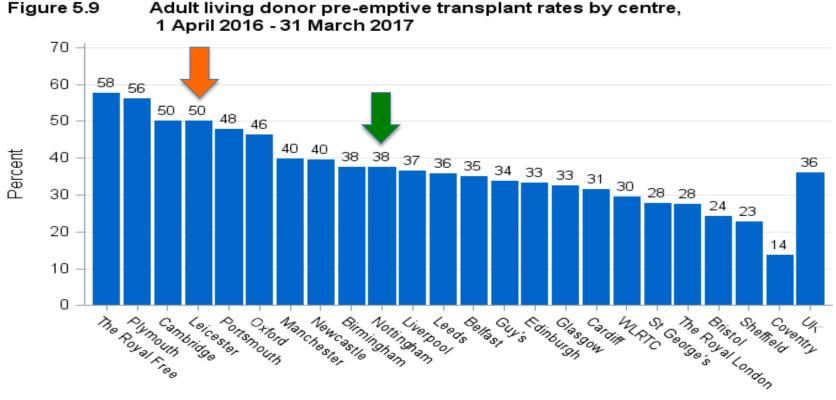


Figure 5.8 Adult deceased donor pre-emptive transplant rates by centre,



Transplant centre

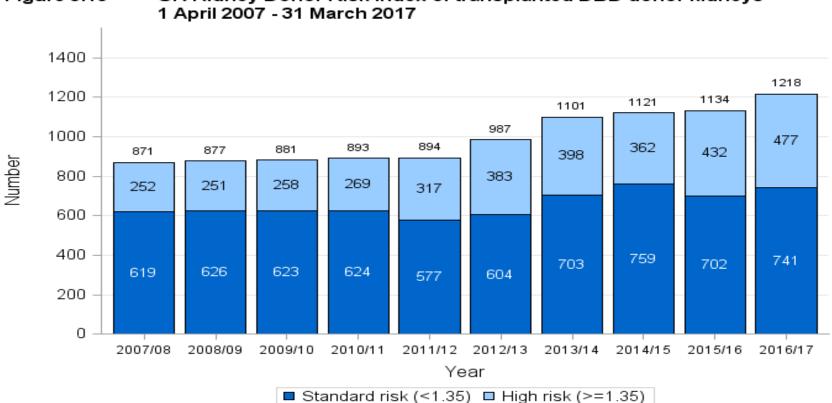


Figure 5.10 UK Kidney Donor Risk Index of transplanted DBD donor kidneys

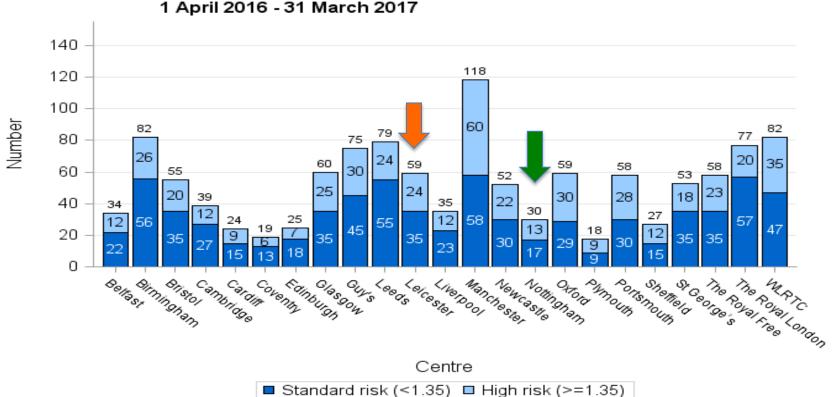
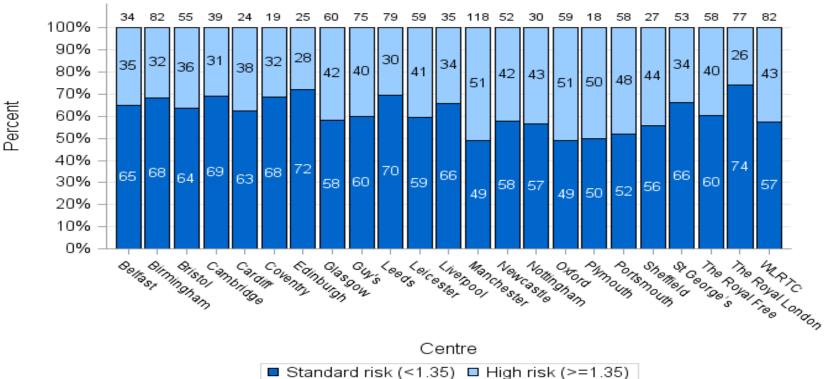


Figure 5.11 UK Kidney Donor Risk Index of transplanted DBD donor kidneys 1 April 2016 - 31 March 2017

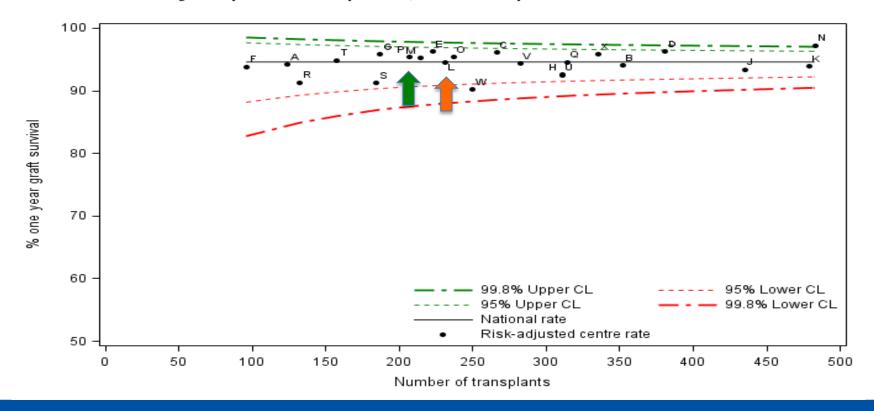




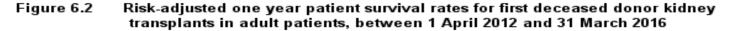


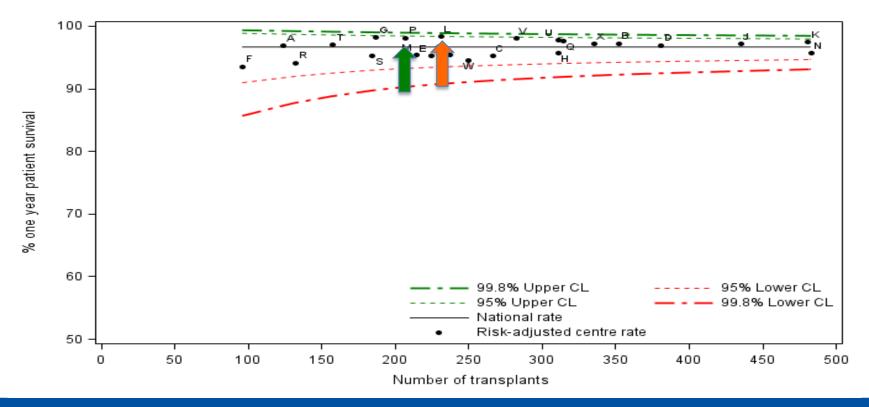
### **Adult Kidney Outcomes**

Figure 6.1 Risk-adjusted one year graft (death censored) survival rates for first deceased donor kidney transplants in adult patients, between 1 April 2012 and 31 March 2016



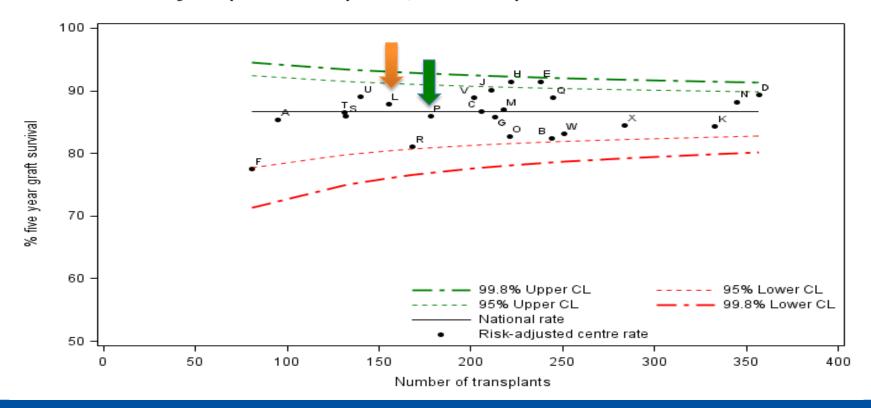
Source: Annual Report on Kidney Transplantation 2016/17, NHS Blood and Transplant

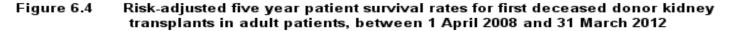


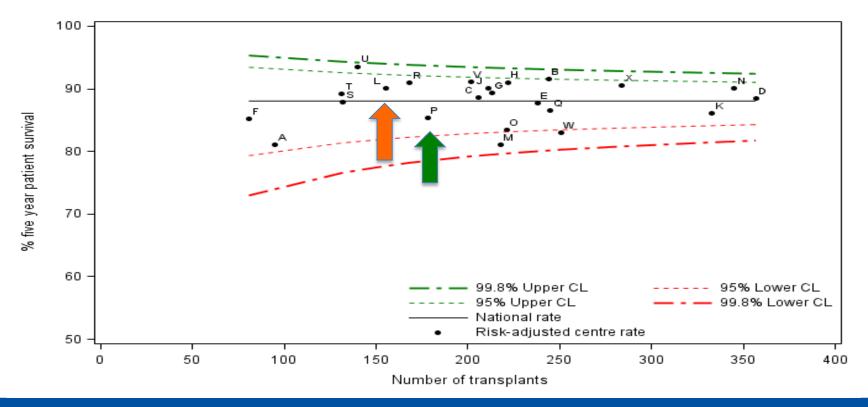


Source: Annual Report on Kidney Transplantation 2016/17, NHS Blood and Transplant

Figure 6.3 Risk-adjusted five year graft (death censored) survival rates for first deceased donor kidney transplants in adult patients, between 1 April 2008 and 31 March 2012

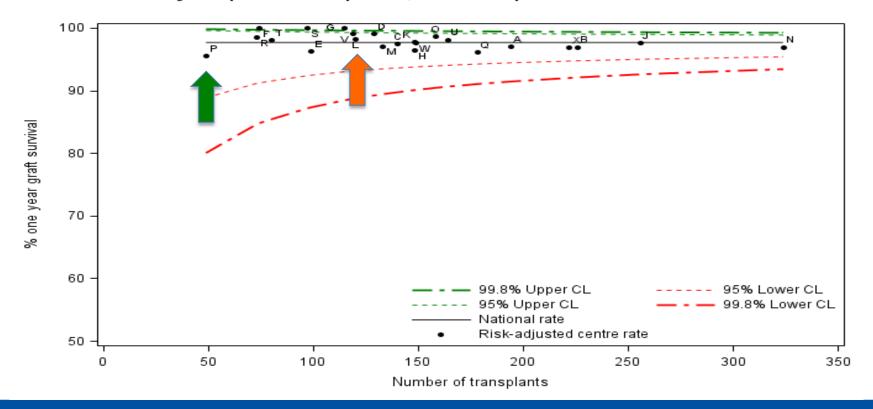


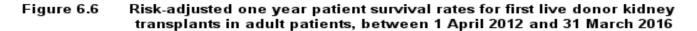




Source: Annual Report on Kidney Transplantation 2016/17, NHS Blood and Transplant

Figure 6.5 Risk-adjusted one year graft (death censored) survival rates for first live donor kidney transplants in adult patients, between 1 April 2012 and 31 March 2016





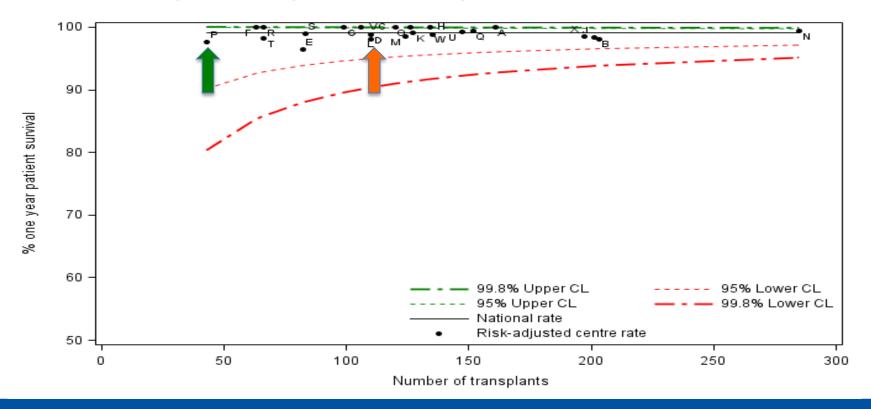
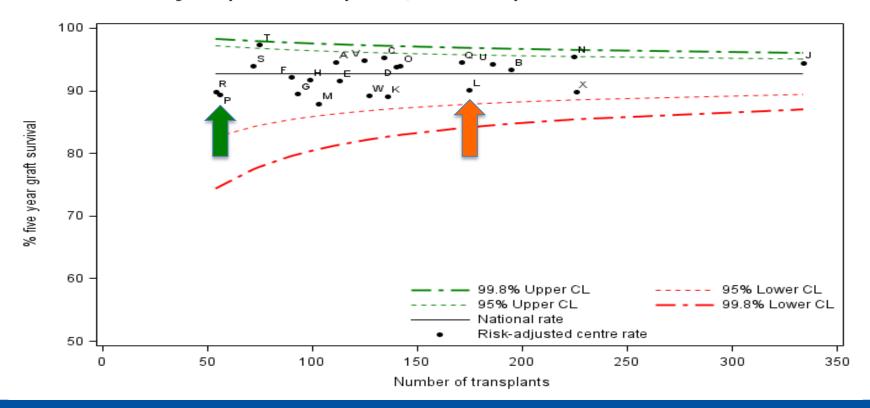


Figure 6.7 Risk-adjusted five year graft (death censored) survival rates for first live donor kidney transplants in adult patients, between 1 April 2008 and 31 March 2012



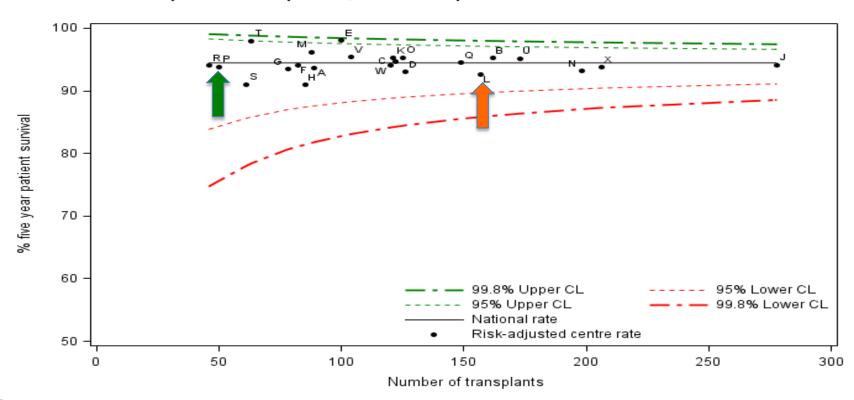


Figure 6.8 Risk-adjusted five year patient survival rates for first live donor kidney transplants in adult patients, between 1 April 2008 and 31 March 2012

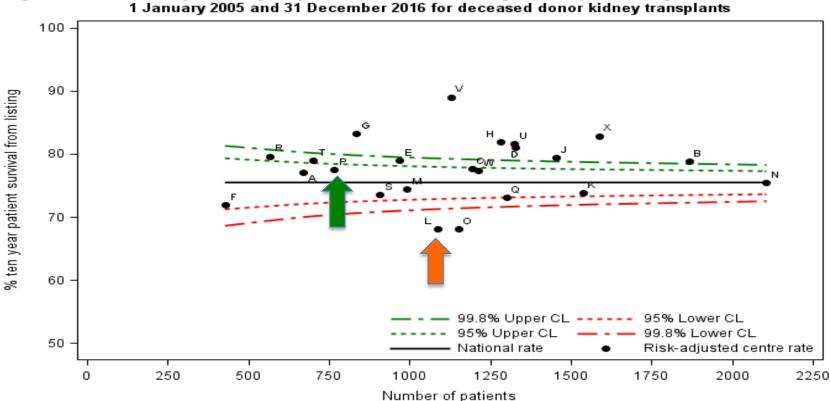
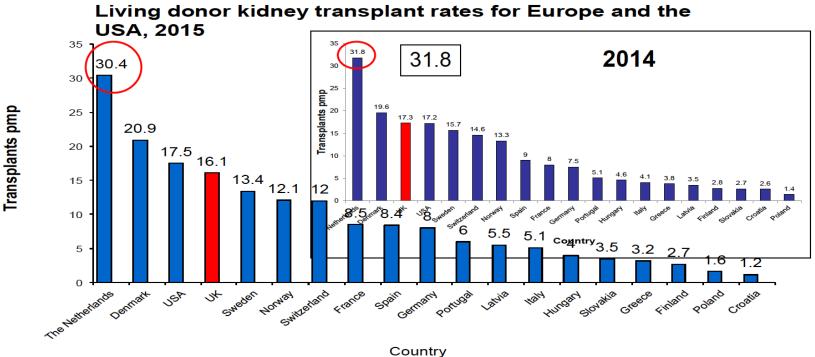


Figure 6.9 Risk-adjusted 10 year patient survival from listing in adult patients registered between 1 January 2005 and 31 December 2016 for deceased donor kidney transplants

## What does world class mean?



Source: Council of Europe - Transplant Newsletter

## **Peer Review**

East Midlands Peer Review

• National Peer Review

External Review [UHL] – 2014 and 2017

## East Midlands Peer Review

- East Midlands peer review
  - Late 2015 [ Specialist Commissioners]
  - TIG [supportive but critical review of TX services at NUH and UHL]
  - Recognised areas of good practice and areas for improvement
  - Relatively low LD rates at NUH
  - Long median wait times and high kidney offer decline rate at UHL

# National Peer Review [NUH]

Peer Review Visit 11/Oct/2016 Date

Compliance

Renal and Pancreas Transplantation Service		Self Declaration	Peer Review
		87.0%	91.7%
Submitted By	Anna	Eccleston	
Job Title	Syste	ms and Information Manager	
Date Completed	06/Ja	n/2017	
Agreed By	Lisa C	Cunnington	

# National Peer Review [NUH]

#### Significant Achievements

Strong leadership and cohesive team

Nurse base follow-up model

Nurse prescribers

High standard of documentation presented to the review team

Easy access to emergency theatres to carry out a DCD kidney transplant was reported to the review team

Strong collaborative relationship with Derby renal unit

Recruitment of a patient to offer peer support across the transplant service to other transplant patients

### \* TIG commended by peer review team

# National Peer review [NUH]

### **Immediate Risks**

No immediate risks logged

### **Serious Concerns**

No serious concerns logged

### **Areas Of Improvement**

Insufficient dedicated time for the clinical lead to fully carry out the role and this is achieved by flexibility from the clinical lead and colleagues

Unsustainable consultant surgical on-call rota

Inadequate dedicated time for consultant clinical psychologist for the transplant programme

Lack of access to day case facilities to facilitate post-operative biopsies

Lack of comprehensive patient information

# National Peer review [UHL]

Peer Review Visit	04/Oct/2016
Date	

Compliance

Renal and Pancreas Transplantation Serv		Self Declaration 95.8%	Peer Review 91.7%
Submitted By	Marie	Cummins	
Job Title	Senic	or Quality Manager	
Date Completed	15/Fe	b/2017	
Agreed By	Lisa (	Cunnington	

# National Peer Review [UHL]

#### **Significant Achievements**

Well led, motivated and cohesive team.

Dedicated transplant pharmacist, attending out-patient clinics and able to build strong relationship with patients.

High standard of written patient information leaflets available in different languages and formats.

Full establishment of ward nursing staff.

Recruitment of transplant nephrologist, now part of a 1:3 ward duty rota.

Flexibility within the national kidney shared scheme.

Annual review clinic to find out why some patients are waiting a-long time; it is a surgical-led clinic, with a dedicated consultant anaesthetist to assist with the patient assessment.

### \* TIG commended by peer review team

# National Peer Review [UHL]

### **Immediate Risks**

No immediate risks logged

### **Serious Concerns**

No serious concerns logged

### **Areas Of Improvement**

Insufficient numbers of WTE transplant co-ordinators in order to sustain the service going forward; however it was acknowledged that a business case has been submitted to increase the establishment of transplant co-ordinators. East Midlands Transplant Improvement Group [TIG]

- TIG formed 2009
- Sub-group of East Midlands Renal Clinical Advisory Group [Chair, Richard Fluck]
- Variation in practice and outcomes across the East Midlands [Equity of access and outcomes]
- Single Transplant Centre in the East Midlands?

East Midlands Transplant Improvement Group [TIG]

- Asked to Chair TIG [Richard Fluck]
- Employed by UHL but clinical work mostly in Northamptonshire
- Particular interest in transplantation
- Member of Renal CAG

East Midlands Transplant Improvement Group [TIG] • TIG membership – clinical

- Surgical, Medical, Nursing, Pharmacy, Patients
- Meeting every 3 months
- Improve co-operation between the 2 main transplant centres

East Midlands Transplant Improvement Group [TIG]

 2010 – review of Kidney Transplant Services across the East Midlands

• Options appraisal – MPT and Management from NUH and UHL and patient representatives.

 Outcome – East Midlands Transplant Centre on 2 sites East Midlands Transplant Improvement Group [TIG] • Early years [2009 – 2012]

- Policies and guidelines [East Midlands]
- Annual Audit meeting [November]
- Comprehensive Transplant patient survey

East Midlands Transplant Improvement Group [TIG] • Recent years [2013 – 2017]

- Strategic Clinical Network [SCN]
- Cardiovascular Disease [Renal]

• TIG supported by SCN

East Midlands Transplant Improvement Group [TIG] • Task and Finish Groups

- Transplant listing
- Transplant follow-up
- Transplant list maintenance
- Transplant laboratory services
- Adult/paediatric transition [Workshop next week]

Engagement from management [NUH and UHL]

East Midlands Transplant Improvement Group [TIG]

- TIG meeting Agenda
  - Review National Data [outcomes]
  - Review number and types of transplant
  - Discuss clinical incidents
  - Present and discuss kidney offer declines [JL derby]
  - Operational updates [Tx centre and referring units]
  - Review of policies, guidelines etc
  - Transplant laboratory update

East Midlands Transplant Improvement Group [TIG] • What next for TIG? – Provide best access to and outcomes from kidney transplantation

- Quality Improvement/Quality assurance
- Annual Audit Meeting [Develop QuIP based on results of audit]
- Present QuIP at next years Audit meeting

## **Transplantation in the East Midlands**

**Questions?** 

### KQuIP/UKRR Regional Day East Midlands

12:00-13:00

**QI Activity in the East Midlands** 

- AKI James Medcalf, on behalf of UKRR
- Egfr Surveillance Programme Assist CKD Martin Cassidy
- CKD in an Evolving Health Care Environment Challenges and Opportunities - Mark Jesky
- Tackling AKI Health Foundation Nick Selby, Derby





## Focus on AKI Data -AKI in East Midlands

### James Medcalf John Walls Renal Unit, Leicester



# Background – The High Cost of AKI

In the UK up to 100,000 deaths each year in hospital are associated with acute kidney injury. Up to 30% could be prevented with the right care and treatment It is estimated that one in five people admitted to hospital each year as an emergency has acute kidney injury

Wang, et al. 2012



NCEPOD. Adding insult to injury, 2009

# National Algorithm Mandate to Report





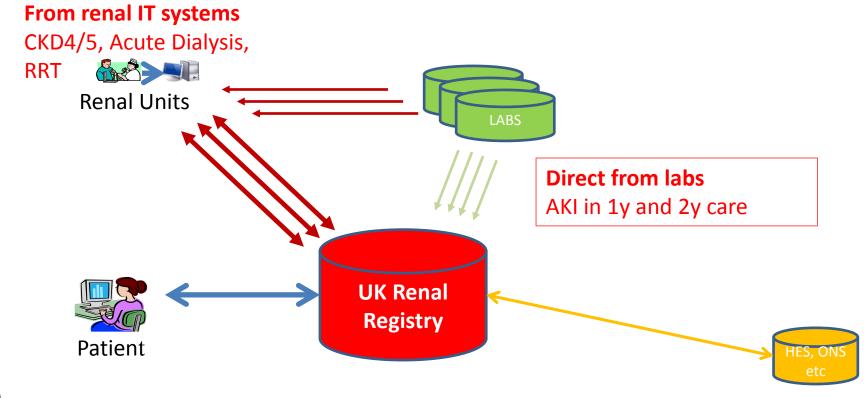


**Stage Three: Directive** Standardising the early Safety Alert Acute Kidney Inju Acute Kidney Injury 9 June 2014

• Work with local LIMS supplier to ensure the test result goes to local Patient management systems and into a data message sent to a central point for national monitoring purposes



## The UKRR: AKI Direct from Labs





## Which Data?

- 1. Alert Files The Warning Grade Test Result
  - Patient Identifiers
  - The index creatinine and eGFR
- 2. Creatinine files Retrospective and Prospective Lab Data
  - All creatinine and eGFR data from preceding 15 months
  - All creatinine and eGFR data from next 15 months

"The Master Patient Index" Linkage to:

- UKRR
- HES
- ONS
- ICNARC

Alert File Data Items
NHS Number
Local Patient Identifier
Forename
Surname
Sex
DoB
Address 1
Address 2
Address 3 (Town)
Address 4 (County)
Post Code
Lab Code
Specimen Number
Source of Request
Primary/Secondary Care Indicator Field
Date of Sample
AKI Warning stage test result
Serum Creatinine Result (micromol/l)
eGFR Test Result



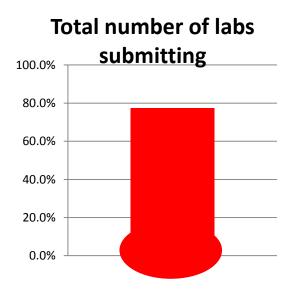


# Progress

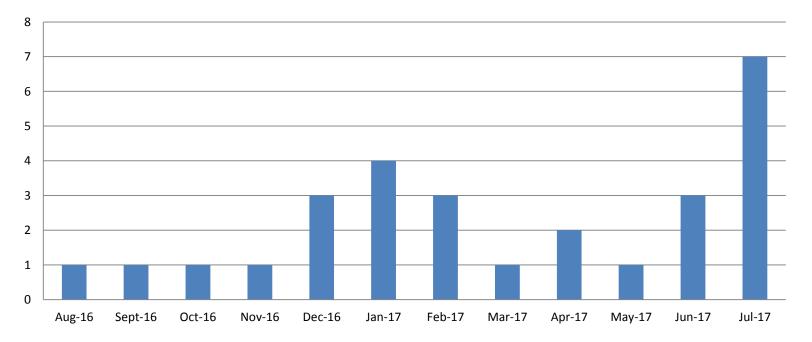
Currently 123 labs have submitted some AKI alert files (123/159), 77.4%

Number of labs submitting data by month





# Number of labs submitting data for the first time





# East Midlands labs reporting alerts

Lab Name				2016			2017						
Lab Name	Lab code -	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	July
DERBY HOSPITALS	69160												
DONCASTER ROYAL INFIRMARY	69180												
LEICESTER ROYAL INFIRMARY	692M0												
LINCOLN COUNTY HOSPITAL LABORATORY	692P0												
NORTHAMPTON GENERAL HOSPITAL	693C0												
NORTHERN GENERAL HOSPITAL LABORATORY	693E0												
PILGRIM HOSPITAL LABORATORY	693P0												
STEPPING HILL HOSPITAL	69570												
TAMESIDE GENERAL HOSPITAL	695A0												
KING'S MILL HOSPITAL	696H0												
BASSETLAW DIST GEN HOSP LABORATORY	69080												
BURTON HOSPITALS NHS FT LABORATORY	690M0												
ROYAL HALLAMSHIRE HOSPITAL LABORATORY	690V0												
CHESTERFIELD & NORTH DERBYSHIRE ROYAL HOSPITAL LABORATORY	690Y0												
KETTERING GENERAL HOSPITAL LABORATORY	692F0												
PETERBOROUGH HOSPITAL LABORATORY	693NO												
NOTTINGHAM UNIVERSITY HOSPITALS LABORATORY	69790												



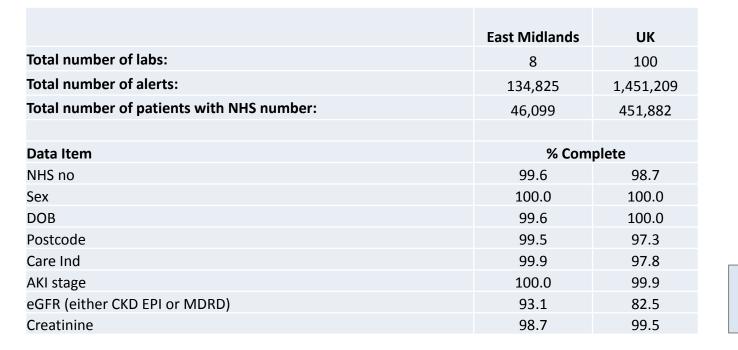
# Number of people with AKI

Between January 2016 and July 2017 (19 months):

- 134,825 e-alerts were reported for East Midlands (England 1,451,209)
- 46,099 individual patients were identified as having AKI (England 451,882)



# AKI Data Completeness – East Midlands





Up to date to July 2017



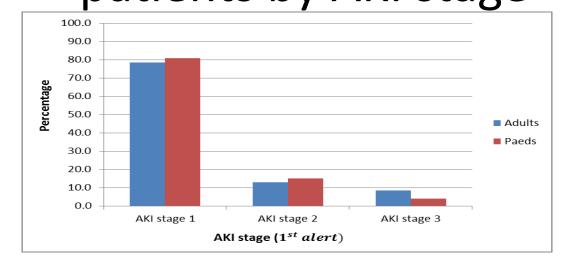
## Number and Percentage of Adult Patients by AKI Stage

AKI stage (first alert)	Number	Percentage	UK
Stage 1	35,577	78.4	78.1
Stage 2	5,894	13.0	13.1
Stage 3	3,900	8.6	8.7
Missing	0	0.0	0.1
Total	45,371	100.0	100.0





# Percentage of Adult and Paediatric patients by AKI stage



Adults			
AKI stage	N	%	UK%
1	35,577	78.4	78.1
2	5,894	13.0	13.1
3	3,900	8.6	8.7
Missing	0	0.0	0.1

Children			
AKI stage	N	%	UK%
1	446	80.9	79.2
2	83	15.1	12.6
3	22	4.0	8.1
Missing	0	0.0	0.1

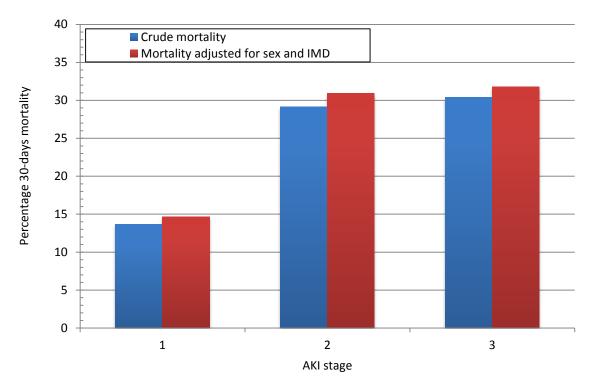
# Percentage of patients by AKI stage, gender, age and deprivation

Data item	Group	AKI stage 1	AKI stage 2	AKI stage 3
Total (number)		32,117	7,890	6,031
Age (median)		73.8	75.4	73.0
Age group (%)	< 18	1.3	1.3	0.6
	18-39	10.3	5.4	4.9
	40-64	21.4	20.6	24.6
	65-74	19.5	21.6	24.6
	75+	47.6	51.2	45.3
Gender (%)	Male	45.4	47.6	58.1
IMD group (%)	1-3	38.6	38.2	38.9
	4-7	37.4	37.3	37.9
	8-10	24.1	24.5	23.3



\* Peak alert within 30 days

# 30 Day mortality by AKI stage

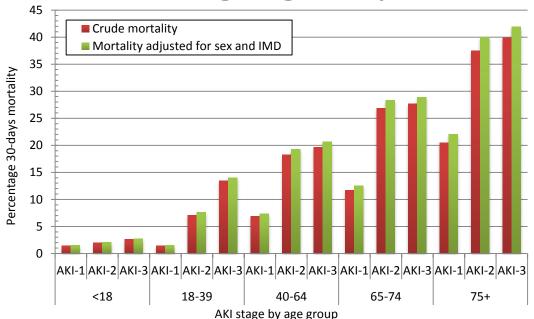




\* Peak alert within 30 days

# 30 Day mortality by AKI stage and

age group





\* Peak alert within 30 days

### AKI: 30-Day Mortality



#### AKI cases for 6 months: 1 January 2017 to 30 June 2017

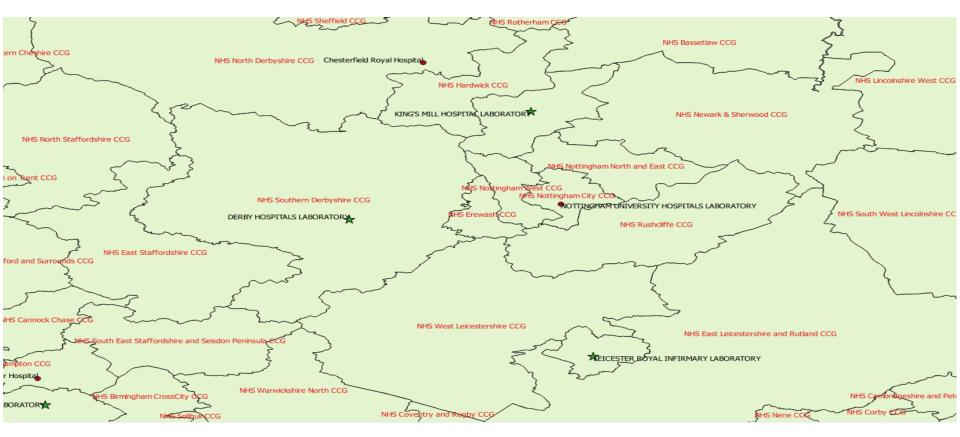
Analysis restricted to data from labs that sent files for at least 5 of 6 months considered

UK Area	Name	Code	Total CCG	N patients	N Deaths	%30-day crude	Estimated
OK Alea	Name	Code	Population	with AKI	with AKI	mortality	incidence of AKI
	NHS Erewash	E38000058	94,930	183	42	23.0	3.9
	NHS Hardwick	E38000071	109,250	196	37	18.9	3.6
	NHS Mansfield & Ashfield	E38000103	193,906	882	214	24.3	9.1
	NHS Newark & Sherwood	E38000109	116,953	420	100	23.8	7.2
Derbyshire &	NHS North Derbyshire	E38000115	272,156	218			**
Nottinghamshire	NHS Nottingham City	E38000132	310,837				*
	NHS Nottingham North & East	E38000133	147,625	53			**
	NHS Nottingham West	E38000134	111,243				*
	NHS Rushcliffe	E38000142	112,835				*
	NHS Southern Derbyshire	E38000169	518,167	1780	323	18.1	6.9
Hertfordshire &	NHS Corby	E38000037	64,212	21			**
South Midlands	NHS Nene	E38000108	626,575	272			**
	NHS East Leicestershire and Rutland	E38000051	321,922	1348	222	16.5	8.4
	NHS Leicester City	E38000097	333,812	1516	262	17.3	9.1
Leicestershire &	NHS Lincolnshire East	E38000099	229,424	1220	248	20.3	10.6
Lincolnshire	NHS Lincolnshire West	E38000100	229,624	972	207	21.3	8.5
Lincomstine	NHS South Lincolnshire	E38000157	142,563	319	67	21.0	4.5
	NHS South West Lincolnshire	E38000165	122,842	545	91	16.7	8.9
	NHS West Leicestershire	E38000201	377,259	1371	235	17.1	7.3

= blanked cells for areas with < 20 patients with AKI-alert reported

\*\* = blanked cells for areas where >= 20 AKI-patients reported but with a low estimate of incidence (<3.5 per thousand persons per year).

## CCG coverage



# Next steps

- CCG level reports on rate of first AKI alert.
- Continued drive to increase coverage.
- Providing feedback on data content to drive up quality and completeness – quarterly lab report.
- Establish the linkages HES/ONS, UKRR, Intensive Care National Audit and Research Centre.
- Novel statistical analysis and health economics to maximise benefit from the data.



Use for audit, quality improvement and research





### Acknowledgements

Thank you to all the healthcare professionals and patients who are participating in the Registry's National Programme on AKI.

Thank you to colleagues at NHS England for their support and advice in delivering this programme.

Thank you also to all the people at the UKRR who work in the background to make all this possible.

A programme in partnership with England

OUKRenalRegistry
 @thinkkidnevs

www.renalreg.com



### Improving the identification and management of progressive chronic kidney disease in East Midlands

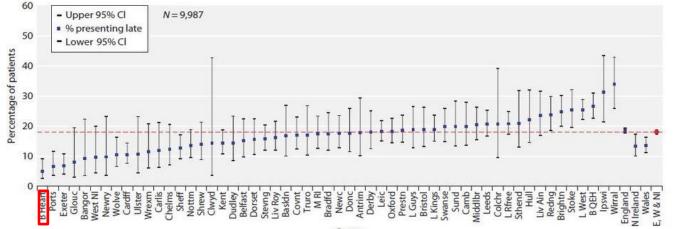
### **Martin Cassidy**

Network Senior Quality Improvement Manager East Midlands Cardiovascular Clinical Network

#### 7 September 2017

A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

### Rationale: reduce variation in late referral rates



Centre

Gilg J, Caskey F and Fogarty D. UK Renal Registry 18th Annual Report: Chapter 1 UK Renal Replacement Therapy Incidence in 2014: National and Centre-specific Analyses. Nephron 2016;132(suppl1):9-40.

Project supported by:

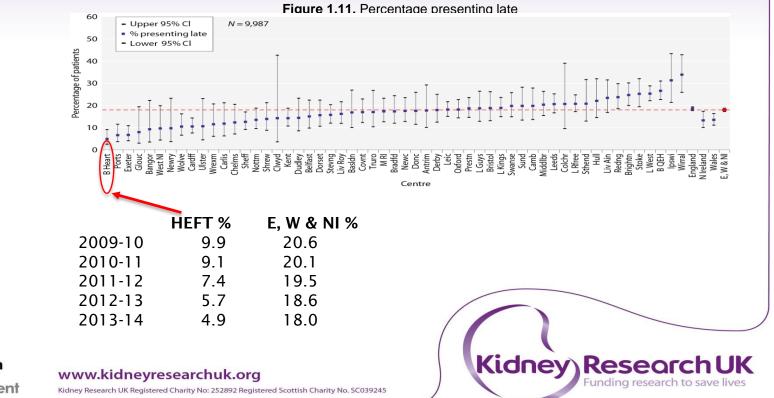


#### www.kidneyresearchuk.org

Kidney Research UK Registered Charity No: 252892 Registered Scottish Charity No. SC039245



A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease



Project supported by:



Project supported by: The Health

A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

		2010-12	2013-15	
		Percentage presenting <90	-	
	CCG/Renal Unit	before start	before start	
	NHS Erewash	11.8	9.4	
	NHS Hardwick	28.0	21.1	
	NHS North Derbyshire	24.4	10.7	
	NHS Southern Derbyshire	22.2	18.8	
	Derby Renal Unit	23.0	18.5	
	NHS Mansfield & Ashfield	2.0	14.5	
	NHS Newark & Sherwood	9.1	17.9	
	NHS Nottingham City	13.8		
	NHS Nottingham North & East	11.9		
	NHS Nottingham West NHS Rushcliffe	25.8		
	Nottingham Renal Unit	25.8 <b>11.8</b>		
	NHS Corby	26.3	-	
	NHS Nene	20.3		
	NHS East Leicestershire and	21.0	23.0	
	Rutland	14.8	13.1	
pported by:	NHS Leicester City	14.7	9.9	
The	NHS West Leicestershire	17.6		
The Health	NHS Lincolnshire East	12.5		
Foundat	S Lincolnshire West	14.6		
Inspiring	NHS South Lincoloshivev.kidn	eyresearchug		
Improve		502 C	892 Registered Scottish Ch	arity No. S
	NHS South West Lincolnshire	27.8		
	Leicester Renal Unit	17.6	18.6	

### Late Presentation for RRT

	% Late presentation for RRT 2013-15
NHS South West Lincolnshire	24.1
NHS Lincolnshire West	23.6
NHS Nene	23.0
NHS West Leicestershire	22.4
NHS Hardwick	21.1
NHS Southern Derbyshire	18.8
NHS Newark & Sherwood	17.9
NHS Corby	17.4



A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease



Consequences of late referral	Benefits of early referral
Low prevalence of permanent access	Greater proportion with permanent access
Delayed referral for transplant	Reduced need for urgent dialysis
Greater initial hospitalisation rate	Reduced hospital LOS and costs
Higher mortality	Improved survival
Reduced patient choice of RRT modality	Greater choice of treatment options
Anaemia and bone disease	Improved nutrition
Severe hypertension & fluid overload	Better CVD and comorbidity management
Worse psychosocial adjustment	Delay need to initiate RRT



Project supported by:

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Kidney Research UK

A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

#### **The Intervention**

Age  $\leq$  65y, eGFR  $\leq$ 50ml/min/1.73m<sup>2</sup> OR Age >65y, eGFR  $\leq$ 40ml/min/1.73m<sup>2</sup>

Graph of eGFR over time reviewed and identified as "high risk" by lab scientist

Graph and tailored advice sent by post to primary care physician

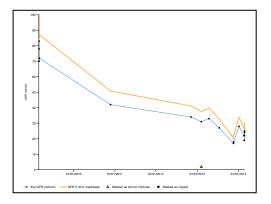
Project supported by:



#### www.kidneyresearchuk.org

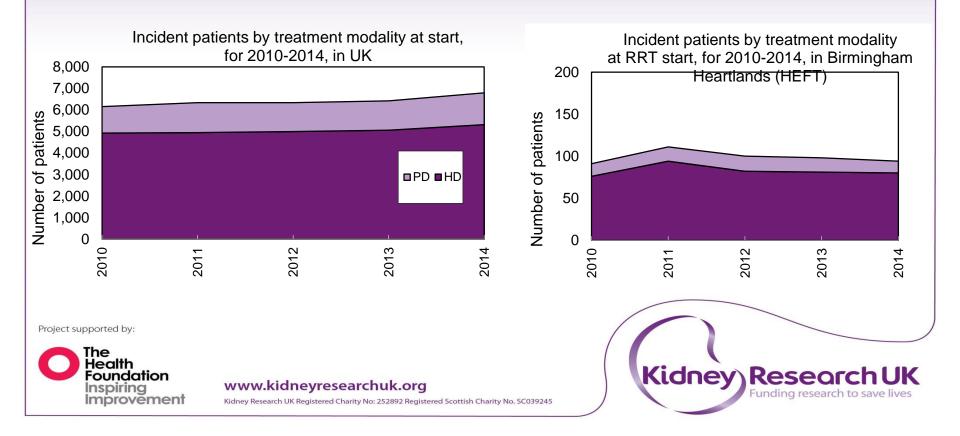
Kidney Research UK Registered Charity No: 252892 Registered Scottish Charity No. SC039245

#### Chronic Kidney Disease Monitor (ASSIST-CKD)





A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease



A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

# Progress to date - National

- 8 live sites to date, further 8 by end of October
- Learning events November 2015, 2016 and November 2017
- Software redesigned and improved
- Web portal and helpdesk
- Qualitative evaluation of wave one and 2 sites part complete (5 sites) labs/primary care/renal unit staff
- Communications newsletter, targeted local communications campaign 'Innovation on Your Door Stop' - 3 pilot sites
- Business case support infographic
- Sustaining and spreading

Project supported by:



#### www.kidneyresearchuk.org

Kidney Research UK Registered Charity No: 252892 Registered Scottish Charity No. SC03924



A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

### Progress to date - East Midlands

- Funding for labs for 1<sup>st</sup> year and initial CCG/Lab/nephrology engagement by East Midlands Cardiovascular Clinical Network
- Implementation facilitated by Lesley Woolnough, ASSIST-CKD
- Site position:
  - Kettering commenced August 2016
  - Leicester commenced September 2017
  - Sherwood Forest data testing go live mid to late Sept 2017
  - Northampton Clinical Scientists have passed exam, require IT support with installation and data processing
  - Chesterfield on hold awaiting recruitment of Clinical Biochemist to lead the laboratory
  - Nottingham on hold due to lack of clinical scientists
  - Derby part of step wedge go live end of October 2017
- Business case for CCGs to support sustaining the programme after year 1

Project supported by:



#### www.kidneyresearchuk.org

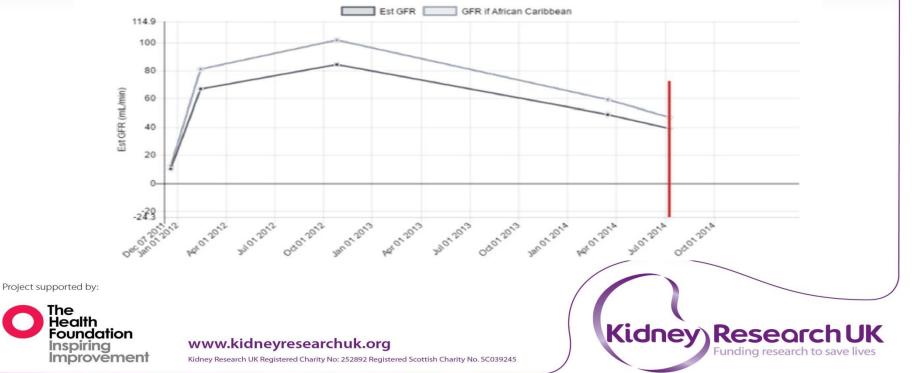
Kidney Research UK Registered Charity No: 252892 Registered Scottish Charity No. SC03924



The

A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

### eGFR Graph



### **Graph Report Personalisation**

\*\*\*This patient has been identified as having a substantial fall in GFR\*\*\*

If this patient is not under active follow-up by Renal services suggest either:

a) Review guidance on <u>www.emrn.org.uk</u>

b) Contact the Renal team for advice via the 'advice and guidance' facility on Choose and Book

c) Refer the patient to the Renal Clinic via Choose and Book.

This biochemistry data does not of course take into account this individual person's overall health or frailty. If after review of the information provided today you feel comfortable to monitor the patient's CKD without contacting the Renal team then please do so.

For information about this service please contact Clinical Biochemistry on 01536 493385

A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

# **Kettering Experience**

After 2 months takes 30 mins 19 eGFRs <50 (<65yr olds) 2 graphs reported (11%). 78 eGFRs <40 (>65yr olds) 15 graphs reported (20%).

Project supported by:



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A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

### Summary: implications for primary care

- A simple but effective evidence-based intervention based in the path lab
- Number of graphs received is low (2-3 per GP practice/month)
- Improved co-ordination between primary care and secondary care
- Better referral management
- Anticipated reduction in bed days (reduced unplanned starts on dialysis)
- Long-term benefits reduced kidney disease progression

Project supported by:



www.kidneyresearchuk.org



A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

### Summary: benefits for patients

- eGFR graph helps understanding of a decline in kidney function
- Promotes patient activation and empowerment in managing their disease
- Reduced morbidity and mortality and increased quality of life through:
  - Earlier intervention to slow progression of kidney disease and possibly delay/prevent end stage kidney failure including its physical, psychological and social consequences
  - A reduction in (higher risk) emergency dialysis
  - Better access to pre-emptive transplantation and home therapies for dialysis

Project supported by:



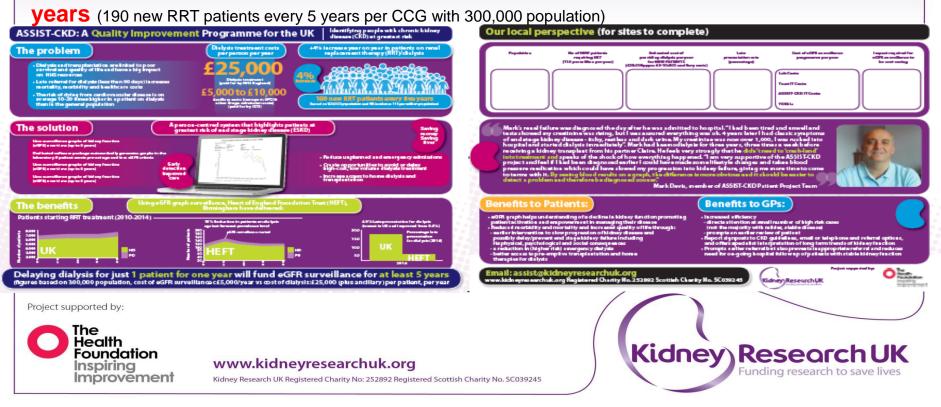
www.kidneyresearchuk.org

Kidney Research UK Registered Charity No: 252892 Registered Scottish Charity No. SC03924



A programme to spread eGFR graph surveillance for the early identification, support and treatment of people with progressive chronic kidney disease

### Delaying dialysis for 1 patient for 1 year will fund ASSIST-CKD for at least 5



# CKD in an evolving health care environment: challenges and opportunities

Mark Jesky Nottingham University Hospitals

# Outline

- Starting position in East Midlands
- Challenges
  - Changing population and healthcare landscape
- What added value do we provide?
- Identifying those at greatest risk
- Opportunities

# We start from a position of strength

- Significant QI infrastructure
- Local (and national) experts
- Involvement in key CKD studies in UK nephrology
  - RRID
  - CRISIS
  - RIISC
- NURTuRE

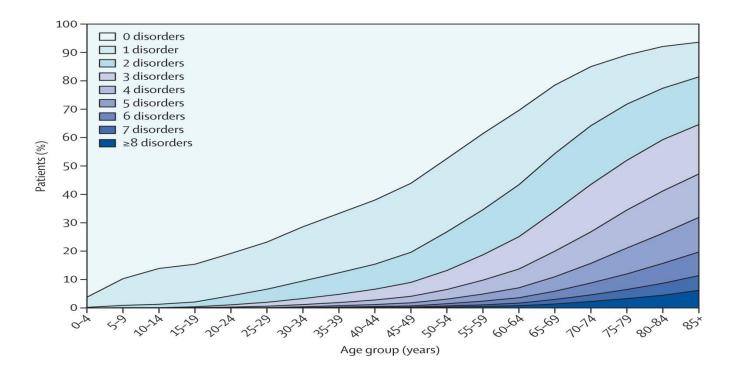
# Changing Health Care landscape

- Financial constraint
- Sustainability and transformation plans
  - Aspirational
    - Vision: Sustainable, joined up high quality health and social care services that maximise the health and wellbeing of the local population
  - Systems gap
    - Closing this gap would require a reduction of 4.5% in spending growth every year against out historic performance of 2%
  - Organise care around individuals and populations not organisations
  - Work in multi disciplinary teams across organisational boundaries
- Increasingly need to justify
  - who to see
  - who not to see

# **Changing Patient Population**

- Population living longer
- Better management of long term conditions
- How often do we get referred people who only have renal disease with no comorbidity?

# All too familiar...

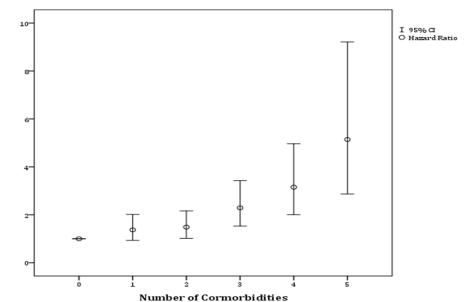




The Lancet 2012 380, 37-43DQI: (10.1016/S0140-6736(12)60240-2)

# More Multimorbidity Equals

- Higher risk of death
- Lower quality of life
- Potentially input from multiple health care professionals
  - ①visits

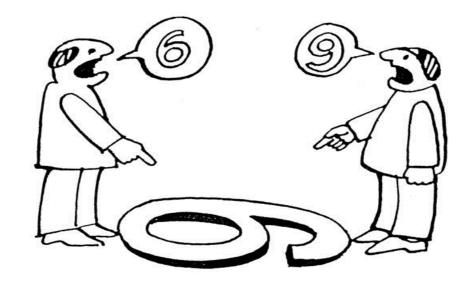


Jesky et al. BMJ Open 2013

## What added value do we offer?

# Depends on whose perspective

- Primary care
- Patients
- Nephrologists



# SONG HD



#### **1 CORE OUTCOMES**

1

DISEASE

MORTALITY

VASCULAR ACCESS

Critically important to all stakeholder groups Report in all trials

#### 2 MIDDLE TIER Critically important to some stakeholder groups

some stakeholder groups Report in some trials

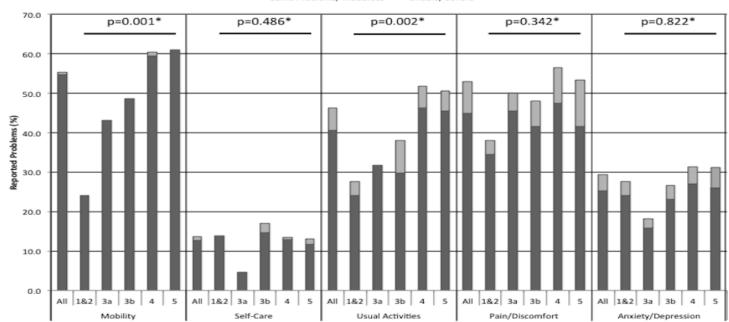
#### **3 OUTER TIER**

Important to some or all stakeholder groups Consider for trials 2 Ability to travel Ability to work Anemia Blood pressure Depression Dialysis adee Dialysis-free

CCESS Dialysis adequacy Dialysis-free time Drop in blood pressure Hospitalization Impact on family/ friends Infection/Immunity Mobility Pain Potassium Target weight Washed out after dialysis

3 Anxiety/stress Bone health Calcium Cognition Cramps Financial impact Food enjoyment Itching Nausea/vomiting Parathyroid hormone Phosphate Restless legs syndrome Sexual function Sleep

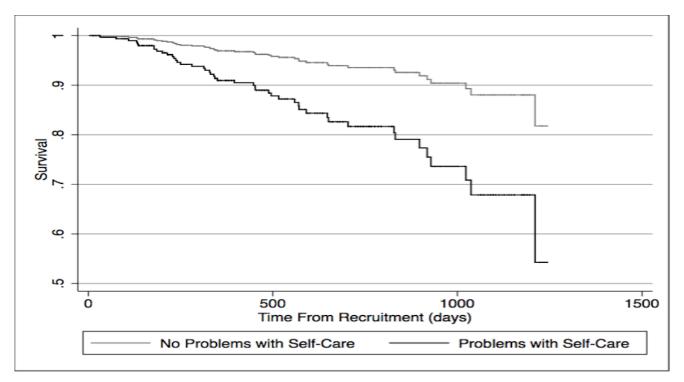
# HRQL in CKD



Some Problems/ Moderate Unable/ Severe

Jesky et al. PLoS One 2016

## HRQL in CKD



Jesky et al. PLoS One 2016

# **Potential Value**

- Manage those at greatest risk of progression to ESRD
  - Evidence based risk modification
  - Timely access to transplantation
- Manage complications associated with CKD
  - ESA one of few therapies we have which is shown to improve QoL
- Access to research
  - Tracking health outcomes
  - Novel interventions
    - Progression
    - HRQL
- Collaborative management of multimorbidity
- Management of CV risk

# **Risk Stratification**

- Kidney failure risk equation
  - Well established
  - Internationally validated in large cohorts
- Only 4 variables needed
  - Age
  - Gender
  - eGFR
  - -ACR

## Yet...

- Many referrals do not have ACR information
- High risk central Birmingham population
  - ACR recorded in 35%
- Previous QoF
  - 'the percentage of patients on the CKD register whose notes have a record of a urine albumin creatinine ratio (or protein creatinine ratio) test in the preceding 12 months'.
- Now (QoF 2015-2016)
  - 'The contractor establishes and maintains a register of patients aged 18 or over with CKD with classification of categories G3a to G5'

# **Opportunities** ahead

- Changing landscape increases need for collaboration with primary care
  - Opportunity for new models of care
  - Needs to be based on sound methodology
  - Understanding of what primary care want from nephrology
  - Has to be a two (or three) way discussion
- Key data for referrals vital to risk stratify
- Challenge certain assumptions
  - New: follow up ratios for chronic disease
  - Disincentive to offer advice rather than review
- Discharge needs effective primary care or informatics monitoring



# mark.jesky@nuh.nhs.uk



## **Tackling Acute Kidney Injury**

Dr Nick Selby Associate Professor of Nephrology

Centre for Kidney Research and Innovation Division of Health Sciences and Graduate Entry Medicine University of Nottingham

Royal Derby Hospital





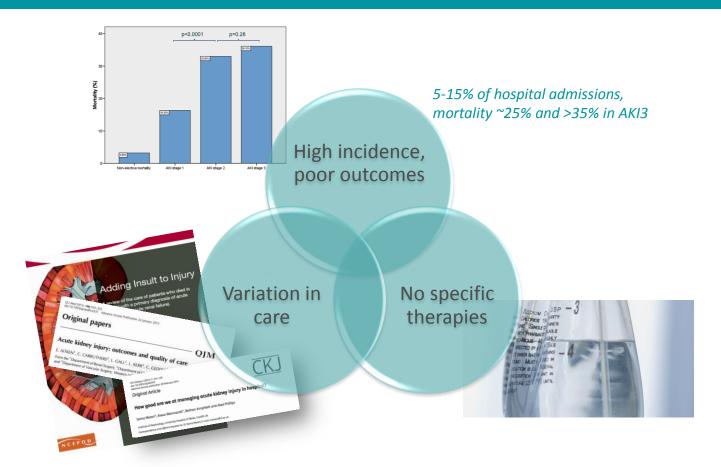






### The clinical need





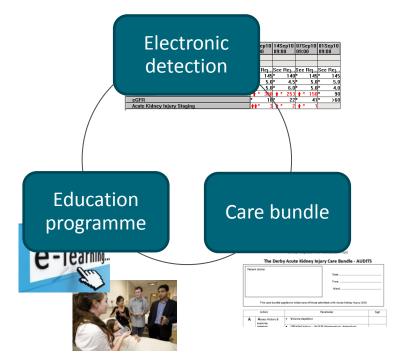


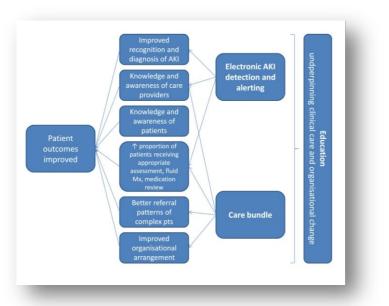


## ...the introduction of a package of interventions for AKI will improve both basic standards of patient care and patient outcomes...



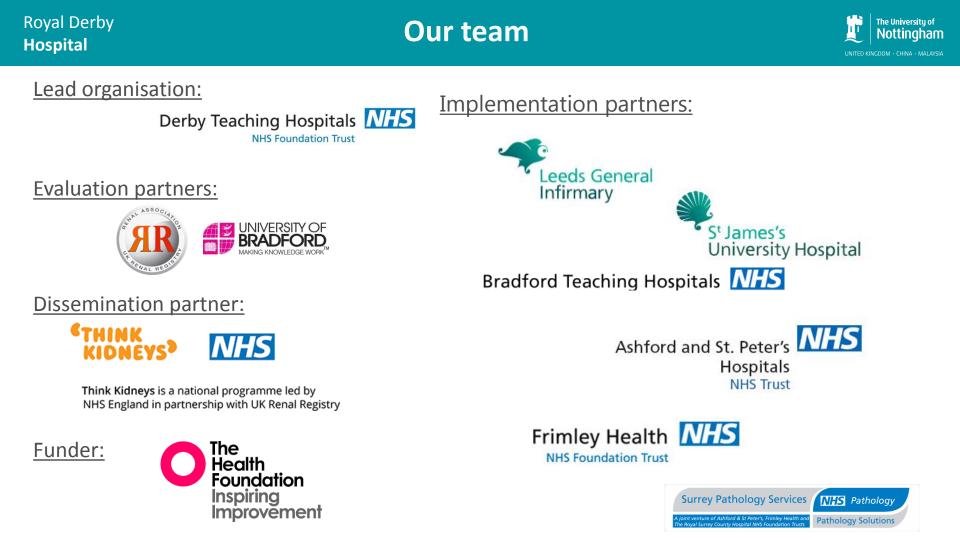






Selby NM et al. Clin J Am Soc Nephrol. 2012 Selby NM. Curr Opin Nephrol Hypertension 2013 Xu G et al. BMJ Open 2014 Kolhe et al. *submitted* PLoS ONE 2014





### Royal Derby Hospital

CK

Kidney Research

## Stepped wedge design



Centre 1 (Frimley)	Centre 2 (Bradford)	Centre 3 (ASPH) Baseline	Centre 4 (LGI)	Centre 5 (LSJ)	Randomisation happened on 11 <sup>th</sup> May 2015
	← Data collection				
Intervention					<ul> <li>Data collection</li> </ul>
	Intervention				<ul> <li>Data collection</li> </ul>
		Intervention			← Data collection
			Intervention		← Data collection
				Intervention	<ul> <li>Data collection</li> </ul>
	<ul> <li>Data collection</li> </ul>				

### Royal Derby Hospital



- Avoids contamination of groups
- Overcomes ethical problems w.r.t. failure to address variation in care all centres are exposed to intervention
- Improvement over time-series design; differentiation between treatment effect vs. time-related factors
- Designed within CONSORT 2010 Cluster RT guidance
- Allows quality improvement approach

Participants/Clusters	5					
	4					
	3					
	2					
	1	2	3	4	5	6
			Time p	periods		
	d cells represent ells represent			ls		





#### Patient outcome data 1.

- IT based
- All patients with one or more results from laboratory detection of AKI ٠
- Detection runs in control periods but results not visible to end-users ۰
- Data specification developed ۰

### 2. Audit of process of care

- Recurrent audit throughout project (7 cycles in total) •
- 30 cases per centre audited per cycle ۰
- Audit standards and data collection variables constant between centres ۰
- Requires manpower to deliver ٠

#### Qualitative 3.

dney

- Why do elements of the intervention work/not work? ۲
- Can we develop a 'how to' guide for scaling/implementing an AKI package? Research





### Primary endpoint: <u>30 day mortality rate in patients with AKI</u>

#### Secondary endpoints

#### a) Patient outcome measures:

- 1. Incidence of hospital acquired AKI (h-AKI)
- 2. Incidence of AKI progression (AKI that increases by ≥1 stage from that at first detection)
- 3. Incidence of individual AKI stages
- 4. Length of hospital stay of patients with AKI
- 5. Number of critical care bed days used by patients with AKI
- 6. Proportion of patients with AKI who achieve complete renal recovery by hospital discharge

#### b) Measures of basic care:

• Clinical audit of metrics of basic care

#### <u>c) Qualitative data</u>





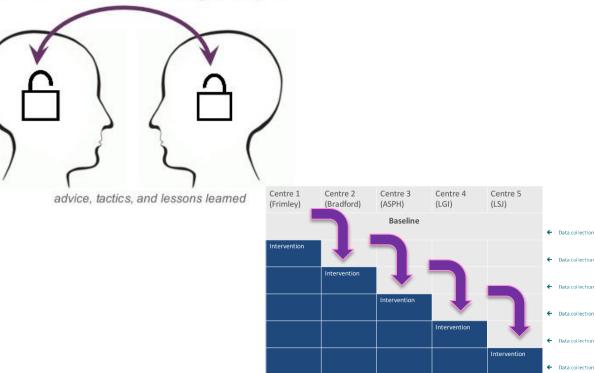
- Locally led
  - Key AKI team members engaged from outset
  - Education/care bundles can be locally tailored
  - Centres can explore AKI 'alerting' above the minimum requirement
- Wider local project team in each hospital
- Change methodology
  - Peer assist and review events: 'pass on learning'
  - Measurement for improvement
  - Logic model to demonstrate theory of change
- Ensure executive support
- Project manager support
- Shared materials/experiences
  - Repository, monthly updates, periodic learning events
- Move from implementation to sustainability within life of project



### **Peer assist meetings**



'proven critical knowledge capture....'



Post intervention

Data collection





## **Project teams**

**Multidisciplinary teams** 

Clinical Lead (varied relevant expertise)

Project Manager Lab Health Informatics Doctors (senior and junior)

Nurses (senior and junior) Education team

QI/Professional Standards team

Pharmacist

Outreach team

Leeds Trust Patient/PPI collaboratives Leadership Fellow <u>BRI collaboration</u> External links (National AKI alert team) Strong executive support No audit support (no team) Data analyst

Frimley Initially no Nephrologist <u>Dedicated CQUIN/AKI nurse</u> Audit support No PM originally Ashford Two clinical leads <u>No nephrologist</u> Audit support

BRI

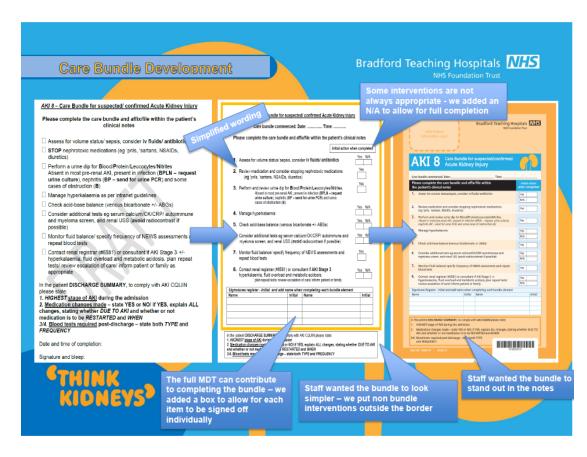
Nephrologist External support (eLearning, IV fluids work) <u>Leeds collaboration</u> Improvement Academy Audit support PPI collaborative

Leadership Fellow

POWERPOINT PRESENTATION TEMPLATE GREEN

### Adapt to context

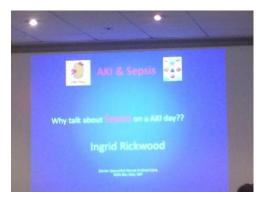






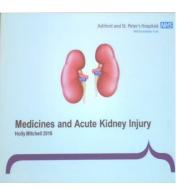
## **Engage the MDT**









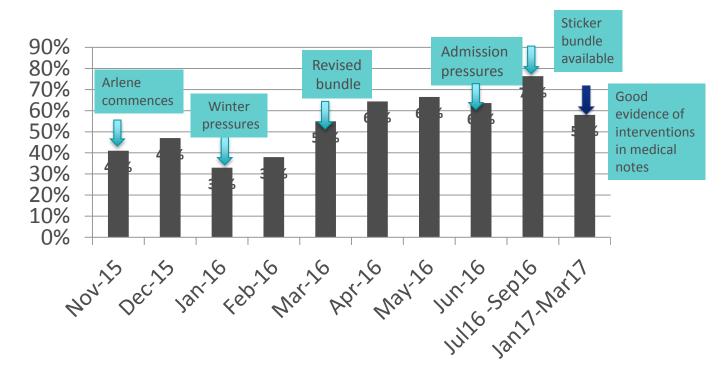








### **AKI Bundle Compliance at one centre:**



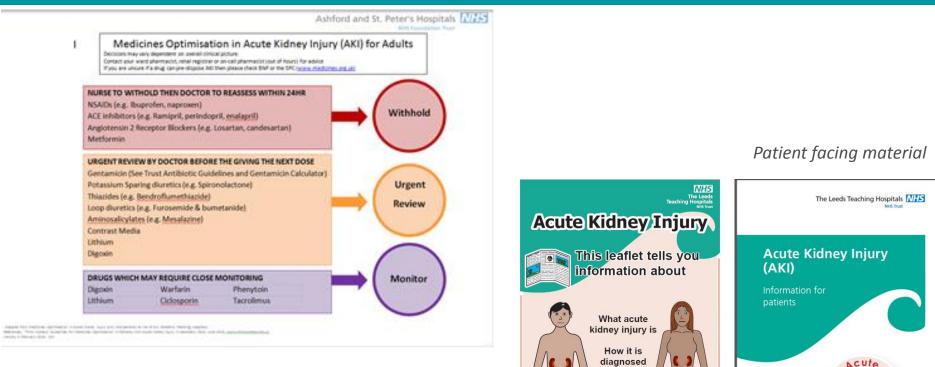


### Royal Derby Hospital

## **Sharing of resources**



nev In



How it can

be treated

AKI cards for nursing staff



# What would we have done differently?



### DEFINITE

- Project managers earlier
- Better understanding of THF requirements
  - University of Bradford earlier
- Measurement for improvement resources or alternatives
- Engagement with division of medicine in each hospital

### POSSIBLE

- Ward walks from the beginning
- Nurse/MDT engagement from the beginning
- Geography of the programme





- Legacy
  - In hospitals, sustainability
  - Make resources available

• Reports and publications

- Dissemination
  - After results









- Tackling AKI is a multi-centre quality improvement study
- Rigorous data collection and statistical plan
- Stepped wedge design particularly suited to QI study design
- Change methodology provides a framework to successfully introduce and sustain interventions



## KQuIP/UKRR Regional Day East Midlands

## 13.00 – 13.45 - LUNCH



