

**Expanded Practice Protocol for the Renal Inflammatory Disease Registered Specialist Nurse Led Review Clinic for Patients with Systemic or Renal Inflammatory Disease.**

**CONTROLLED DOCUMENT**

<b>CATEGORY:</b>	Procedural Document
<b>CLASSIFICATION:</b>	Clinical
<b>PURPOSE</b>	This protocol supports a renal inflammatory disease registered specialist nurse led review clinic for patients who have been diagnosed with systemic or renal inflammatory disease (ie vasculitis, lupus, glomerulonephritis) and have been assessed as suitable for care within the registered specialist nurse led clinic by the Renal Inflammatory Disease Medical Consultant
<b>Controlled Document Number:</b>	831
<b>Version Number:</b>	2
<b>Controlled Document Sponsor:</b>	Executive Chief Nurse
<b>Controlled Document Lead:</b>	Renal Inflammatory Disease Registered Specialist Nurse
<b>Approved By:</b>	Executive Chief Nurse Executive Medical Director Associate Director of Nursing, Division B Matron Clinical Service Lead
<b>On:</b>	September 2014
<b>Review Date:</b>	August 2017
<b>Distribution:</b>	
<ul style="list-style-type: none"> <li>• <b>Essential Reading for:</b></li> </ul>	All registered specialist nurses who undertake review clinic for patients with inflammatory renal disease and all registered nurses who wish to expand their practice to include this skill.
<ul style="list-style-type: none"> <li>• <b>Information for:</b></li> </ul>	All clinical staff working in renal inflammatory disease.

## EVIDENCE FOR PRACTICE

Patients attending renal inflammatory disease medical clinics have diagnoses of rare diseases such as Systemic Lupus Erythematosus, Glomerulonephritis and Vasculitides including Granulomatosis with Polyangitis and Microscopic Polyangiitis. These are incurable chronic diseases often with multi-system involvement. It is recognised that patients with rare diseases experience delays in diagnosis and a lack of support, patient information and education. 46% of patients report a delay of more than one year before diagnosis and up to 20% up to five years (Improving lives, Optimising Resources, 2011). The delay in diagnosis can result in irreversible damage from the disease.

Inflammatory renal disease and associated systemic disease requires ongoing monitoring and often requires treatment with immunosuppressive therapies and steroids. Patients are at risk of developing complications from the disease itself and ongoing steroid and immunosuppressive therapy (Mosca, 2010, Lapraik, 2007).

The Renal Inflammatory Disease Registered Specialist

Nurse is well placed to support this patient group, providing holistic patient care including:

- Patient education regarding disease management and signposting to patient groups, statutory and voluntary agencies.
- Ongoing monitoring of disease activity and monitoring of immunosuppression, requesting and monitoring blood tests and appropriately interpreting results indicating side effects of medications and inflammatory conditions.
- Promoting well being and reduction of co-morbidities through health promotion and annual review clinics which will incorporate cardiovascular, osteoporosis and infection risk assessment.
- Providing psychosocial support and appropriate referrals to other allied health professionals.

A review of the expanded practice protocol has been undertaken to ensure the practice covered by this document remains up to date. Patient feedback, clinic activity and the number of competent practitioners were also reviewed. In addition, the service has been evaluated, as part of a grant feedback report for the British Kidney Patient Association. No significant changes to the protocol have been made.

## CONSENT

Although formal written consent is not required for minor procedures, verbal consent for review in the Renal Inflammatory Disease Registered Specialist Nurse Led Clinic must be obtained where possible and this must be documented in the patient's records. For further information

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regarding consent and mental capacity please refer to the following documents:

- Department of Health Reference Guide to Consent for Examination or Treatment (2009).
- The Trust's Policy and Procedural document for consent to examination or treatment (current version).
- *Mental Capacity Act (2005)*.

## **INDICATIONS**

Patients attending the renal inflammatory registered specialist nurse led review clinic must have:

- a diagnosis of systemic inflammatory or renal inflammatory disease.
- an agreed management plan, documented in the patient's records.
- been identified as suitable to attend the renal inflammatory disease registered specialist nurse led review clinic by the renal inflammatory disease consultant.
- Been referred by a renal inflammatory disease consultant / specialist registrar.

A renal inflammatory disease consultant must be available on site or by telephone for consultation during the clinic.

## **CONTRAINDICATIONS**

1. Patients under 16 years of age.
2. Patients who have capacity and do not give consent to be reviewed at the renal inflammatory disease registered specialist nurse led review clinic.

## **LIMITATIONS TO PRACTICE**

1. If the renal inflammatory disease registered specialist nurse is concerned about the patient's condition they must immediately refer the patient to the renal inflammatory disease consultant/ specialist registrar for advice on any further action to be taken, and this must be documented in the patient's records.
2. If there are significant problems or issues with the disease status or treatment, then the patient will be reviewed jointly during the clinic by the renal inflammatory disease registered specialist nurse and renal inflammatory disease consultant.

The appropriate Health and Safety risk assessments must have been completed for the clinical area.

## **CRITERIA FOR COMPETENCE**

1. A renal inflammatory disease registered specialist nurse, with an extensive knowledge of auto-immune/immune mediated systemic and renal disease, who has been identified during their appraisal as ready to expand their practice in this way and who must have undertaken education and training recognised by their line manager.
2. The renal inflammatory disease registered specialist nurse must be a registered non medical prescriber with a working knowledge of current evidenced based practice in the management of systemic inflammatory and immune mediated renal conditions. A period of supervised practice must be undertaken by the renal inflammatory disease registered specialist nurse in order to achieve competence in renal inflammatory disease management prescribing, before independent prescribing is approved.
3. Evidence of satisfactory supervised practice must be provided by the renal inflammatory disease registered specialist nurse as witnessed by a practitioner (i.e. renal inflammatory disease consultant) who is competent in the management of this group of patients (Appendix 1).
4. The number of supervised practices required will reflect the individual renal inflammatory disease registered specialist nurse's learning needs.
5. Evidence of competence must be provided and a copy kept in renal inflammatory disease registered specialist nurse's personal file and in the department where the skill is practised (Appendix 2). Following each review and update of the protocol the renal inflammatory disease registered specialist nurse has a responsibility to ensure that their evidence of competence is against the current version of the protocol.
6. Renal inflammatory disease registered specialist nurses new to the Trust, who have been performing the skill elsewhere, must read, understand and be signed off against this protocol. Evidence of appropriate education and competence must be provided and checked by their line manager before undertaking this expanded practice at the Trust. The decision whether the renal inflammatory disease registered specialist nurse needs to complete Trust training will be at the discretion of the line manager.
7. In accordance with codes of professional practice, the renal inflammatory disease registered specialist nurse has a responsibility to recognise, and to work within, the limits of their competence. In addition, the renal inflammatory disease registered specialist nurse has a responsibility to practise within the boundaries of the current evidence based practice and in line with up to date Trust and national policies and procedural documents. Evidence of continuing professional development and maintenance of skill level will be

required and confirmed at the renal inflammatory disease registered specialist nurse's annual appraisal by their line manager.

A list of renal inflammatory disease registered specialist nurses competent to perform this skill must be kept by the line manager.

## **PROTOCOL AND SKILLS AUDIT**

The Renal Inflammatory Disease Registered Specialist Nurse will lead the audit of the protocol with support from the Practice Development Team. The audit will be undertaken in accordance with the review date, and will include:

- Adherence to the protocol
- Clinical activity (number of patients/clinics)
- Any untoward incidents or complaints
- Review of patient feedback
- Number of renal inflammatory disease registered specialist nurses competent to perform the skill.

All audits must be logged with the Risk and Compliance Support Team.

## **CLINICAL INCIDENT REPORTING AND MANAGEMENT**

Any untoward incidents and near misses must be dealt with by the appropriate management team. An incident form must be completed and in addition the Risk Management Team must be notified by telephone of any Serious Incidents Requiring Investigation (SIRI).

## REFERENCES

Department of Health (2009) **Reference Guide to Consent for Examination or Treatment** 2<sup>nd</sup> edn. HMSO London

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Logan, S., Harper, L., Morgan, M. and Hewins, P. (2013) **Report of Patient Survey of Patients with Renal Lupus**. Birmingham: University Hospitals Birmingham NHS Foundation Trust (unpublished).

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Rare Disease UK (2011) **Improving Lives, Optimising Resources: A Vision for the UK Rare Disease Strategy**  
<http://www.raredisease.org.uk/documents/RD-UK-Strategy-Report.pdf>  
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University Hospitals Birmingham NHS Foundation Trust (current version) **Policy for consent to examination or treatment**, University Hospitals Birmingham NHS Foundation Trust  
[http://uhbpolicies/Microsites/Policies\\_Procedures/consent-to-examination-or-treatment.htm](http://uhbpolicies/Microsites/Policies_Procedures/consent-to-examination-or-treatment.htm)  
[accessed 02.05.14]

University Hospitals Birmingham NHS Foundation Trust (current version) **Procedure for consent to examination or treatment**. Birmingham: University Hospitals Birmingham NHS Foundation Trust

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Genetic Alliance UK: [www.geneticalliance.org.uk](http://www.geneticalliance.org.uk)

Kidney Disease: Improving Global Outcomes (KDIGO)  
Glomerulonephritis Work Group. (2012) **KDIGO Clinical Practice Guideline for Glomerulonephritis**. *Kidney inter Suppl.* 2012; 2: 139–274.

The National Service Framework for Renal Services – Part Two: Chronic Kidney Disease, Acute Renal Failure and End of Life Care (2005)  
Department of Health.

University Hospitals Birmingham NHS Foundation Trust **Risk Assessment Documentation**  
<http://uhbhome/Resources/RiskAssessmentDocs/Home.aspx>  
(Accessed 02.05.14)

## PROTOCOL SUBMISSION DETAILS

### Protocol reviewed by:

Sarah Logan	Renal Inflammatory Disease Specialist Nurse
Professor Lorraine Harper	Renal Medicine Consultant
Belinda Wadwell	Practice Development Nurse

### Protocol submitted to and approved by:

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PP Mullen DCN

Date:

16/9/14

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Date:

29/9/14

Associate Director of Nursing, Division B

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Date:

01-09-2014

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Date:

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Jean

Date:

9/9/14



**UNIVERSITY HOSPITALS BIRMINGHAM NHS FOUNDATION TRUST**  
**EVIDENCE OF SUPERVISED PRACTICE**

To become a competent practitioner, it is the responsibility of each Renal Inflammatory Disease Registered Specialist Nurse to undertake supervised practice in order to perform renal inflammatory disease registered specialist nurse review clinics in a safe and skilled manner.

Name of renal inflammatory disease registered specialist nurse: .....

DATE	DETAILS	SATISFACTORY STANDARD MET	COMMENTS	PRINT NAME, SIGNATURE & DESIGNATION
		Yes / No		
		Yes / No		
		Yes / No		
		Yes / No		
		Yes / No		
		Yes / No		

**UNIVERSITY HOSPITALS BIRMINGHAM NHS FOUNDATION TRUST**  
**CRITERIA FOR COMPETENCE**

**END COMPETENCE:** A renal inflammatory disease registered specialist nurse led review clinic for patients with systemic inflammatory or renal inflammatory disease.

**Date(s) of Education and supervised practice:** .....

**Name of renal inflammatory disease registered specialist nurse (print):** .....

**Name of supervisor (print):** .....

<b>ELEMENT OF COMPETENCE TO BE ACHIEVED</b>	<b>Date Achieved</b>	<b>Registered Specialist Nurse Sign</b>	<b>Supervisor Sign</b>
Demonstrate an extensive knowledge and understanding of immune mediated renal disease.			
Demonstrate an extensive knowledge and understanding of immune mediated renal and related systemic disease management.			
Provide evidence of completion of the non-medical prescribing course and competencies, and approval from the Trust's Non-medical Prescribing Group to practise.			
Demonstrate knowledge and understanding of immunosuppression and biological therapy regimes for immune mediated renal disease and known side effects.			
Demonstrate knowledge and understanding of potential side effects of disease management therapies for immune mediated renal and related systemic disease.			
Demonstrate working knowledge of ACE inhibitors and medication most commonly prescribed in renal medicine.			

<b>ELEMENT OF COMPETENCE TO BE ACHIEVED</b>	<b>Date Achieved</b>	<b>Registered Specialist Nurse Sign</b>	<b>Supervisor Sign</b>
Demonstrate accurate provision of information and education to patients in a way that the patient understands.			
Discuss and identify <ul style="list-style-type: none"> <li>• indications</li> <li>• contraindications</li> <li>• limitations to practice</li> </ul> for the renal inflammatory disease registered specialist nurse led review clinic according to this expanded practice protocol.			
Demonstrate ability to appropriately request investigations (including blood and urine tests), interpret results and take action regarding abnormal results.			
Demonstrate knowledge and understanding of the indications and potential side effects of glucocorticoid treatment for immune mediated renal and related systemic disease.			
Demonstrate knowledge and understanding of complex psychological aspects and when to refer for specialist psychological services.			
Demonstrate appropriate knowledge of role of allied health professionals and when to refer for specialist input such as dietetic advice.			
Demonstrate knowledge and understanding of renal replacement therapy services.			
Demonstrate knowledge and understanding of when to refer back to the Renal Medicine Consultant.			

<b>ELEMENT OF COMPETENCE TO BE ACHIEVED</b>	<b>Date Achieved</b>	<b>Registered Specialist Nurse Sign</b>	<b>Supervisor Sign</b>
Demonstrate a working knowledge of the Trust's policy for consent to examination or treatment.			
Demonstrate a working knowledge of the <i>Mental Capacity Act</i> .			
Discuss the importance of clinical audit.			
Demonstrate safe infection prevention and control practices throughout the clinic. To include: <ul style="list-style-type: none"> <li>• Standard precautions.</li> </ul>			
Demonstrate accurate record keeping			
Demonstrate a working knowledge of the NMC Code: Standards of conduct, performance and ethics for nurses and midwives (2008).			
Demonstrate maintenance of the patient's privacy and dignity throughout the clinic.			
Demonstrate accurate provision of information throughout the clinic in a format the patient understands.			
Demonstrate involvement of the patient and their families/carers, in decision making about their care and treatment.			
Demonstrate application of the Trust Principles for carers.			
Demonstrate an understanding of the incident reporting process			
Discuss any health and safety issues in relation to this expanded practice			

I declare that I have expanded my knowledge and skills and undertake to practice with accountability for my decisions and actions.

I have read and understood the protocol for the renal inflammatory disease registered specialist nurse led review clinic.

**Signature of Registered Specialist Nurse:**.....

**Print name:**.....

**Date:** .....

I declare that I have supervised this registered specialist nurse and found her/him to be competent as judged by the above criteria.

**Signature of Supervisor:** .....

**Print name:**.....

**Date:** .....

**Designation:**.....

A copy of this record should be placed in the renal inflammatory disease registered nurse specialist's personal file, a copy must be stored in the clinical area by the line manager and a copy can be retained by the individual for their Professional Portfolio.