

## KQuIP – Transplant First Patient Information Guidelines – June 2017

### Recommendations for patient information

Local Information leaflets may be appropriate particularly if work up is done outside of the transplanting units

#### General recommendations

- Ensure that the title of the leaflet clearly explains what it is about
- Clearly state in the opening paragraph who the information is for
- Only cover one treatment / condition in a leaflet
- Use every day non-technical language but if this is unavoidable ensure explanations are given for all medical terminology.
- Non-frightening explanations and information - Help people make decisions by giving them facts
- Use patient friendly text – e.g. use pronouns such as 'we' and 'you'
- Avoid confusing double negative statements
- Use Clear headings - Question and answer formats are useful as they split the text up
- Use bullet points or numbers
- Keep blocks of text and paragraphs short with white space around them as it makes them easier to read
- Do not use Serif fonts, italics or underlining as these can make it difficult to read
- Needs to look 'good' – not photocopied / no typing / spelling errors
- Ensure it is developed with and peer reviewed by patients
- For local information ensure that there are appropriate links back – contact details and telephone numbers, service email addresses are very useful and must be reviewed regularly to ensure they are up to date
- Patient information must be available in alternative languages or format if requested

#### Transplant specific recommendations

- Include encouragement to approach friends and relatives regarding donation
- Benefits of live versus cadaveric donation
- Benefits of transplantation versus long term dialysis

Nationally available patient information resources for kidney transplantation

[www.britishkidney-pa.co.uk/information](http://www.britishkidney-pa.co.uk/information)

[www.kidneyresearchuk.org/health-information/kidney-transplantation](http://www.kidneyresearchuk.org/health-information/kidney-transplantation)

Living Donor specific leaflets - UKBT 'Could I be a living kidney Donor?' and 'Can I donate a kidney to someone I don't know?'

<https://www.organdonation.nhs.uk/about-donation/living-donation/>