



Hydration matters

Monitoring fluid status is essential basic care **for all patients.**

Correct hydration saves lives.

Always remember:

- 20-30% of acute kidney injury cases could be avoided or prevented
- Identify the patients particularly at risk – are you actively monitoring their fluid balance?
- Fluids are as important as any medication on the prescription chart
- Don't just observe and record any deterioration – act immediately to remedy it

www.kidneycare.nhs.uk/hydration

