

**Table 2: Recognising and Responding to Acute Kidney Injury for Adults in Mental Health facilities**



“Think” Cause	“Think” Medication#	“Think” Fluids	“Think” Review¥
History of acute illness? • Think Sepsis – check temperature • Think Hypotension – check pulse and BP  Intrinsic kidney disease?  (E.g. vasculitis) • Think Urinalysis  Urinary tract obstruction?	Any medication which could <b>exacerbate</b> AKI? Consider withholding: • NSAIDs • Diuretics  • Antihypertensive medication  Any medication which may <b>accumulate</b> and cause harm during AKI?  Any <b>new</b> medication that may <b>cause</b> AKI?(E.g. drug induced tubulo-interstitial nephritis - <b>Lithium</b> )	What is the patient’s volume status?  If hypovolemia present: • When did patient last pass urine? • Can the patient increase fluid intake? • Is transfer for IV fluid replacement and monitoring required?  Does the patient have and/or need carer support?	Does the patient need transfer to medical unit?  If not, when will you review?  Have you ensured handover?¥

\*Refer to main guidance document – Guidance for mental health professionals on the management of acute kidney injury

# Refer to medicines optimisation toolkit for primary care <http://www.thinkkidneys.nhs.uk/aki/medicines-optimisation-for-aki>

¥ Refer to overarching principles in communication of diagnostic test results <https://www.england.nhs.uk/ourwork/accessibleinfo/patient/>

*The table is a guide to support recognition and response to AKI in mental health facilities*

*The table does not apply to children and young people (<18 years) or patients receiving end of life care*

*Adapted from Primary Care guidelines*



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**‘THINK  
KIDNEYS’**