

Dear Participant,

Renal Leadership Course: *Leading People*

I am delighted that you have decided to take part in our leadership course, and thought you may welcome a little information about what we will be doing. You will probably be relieved to hear that there is nothing to be done in preparation for the course... by you anyway!

I have designed your course and will lead it, assisted by Gill Wilkinson (who regularly works with me) and Dr Daljit Hothi, Consultant Paediatric Nephrologist at GOSH. Daljit and I were facilitators together on the NHS Staff College Senior Leaders Course at UCLH. Many of you may know Daljit, who has been the inspiration behind this course, but you may wish to know something about Gill and me. So attached is some background information about us.

I believe that activity greatly helps learning, and I am confident that you will enjoy this course as we give you a good understanding of effective leadership, and the opportunity for greater self-awareness, in order to lay sound foundations for continuous improvement as a leader. There will be a few talks from me, but most of the learning will come from exercises – some seated and conversational, and some more active. So come in casual comfortable clothes, and I suggest low heels and no dangling jewellery! I will be wearing chinos and an open-neck shirt.

There will be no role-play or actors but, if you all agree, I would like to use a video camera to film some of the exercises so that we can play them back to you – it's seldom as embarrassing as we fear and it's a fantastic aid to self-awareness. I will delete the memory card at the end, so only we who were present will see it.

We have run this course many times for the renal community recently, and your colleagues who have already attended have said it was a really valuable use of their time and highly enjoyable – to their surprise! So I am much looking forward to meeting you.

With best wishes,



Philip Mostyn