

DAYLife – Dialysis At Yours, Life Fulfilled

Introduction:

Welcome to the first monthly bulletin of the [DAYLife programme](#), the KQuIP improvement programme with the overall aim of increasing the number of people receiving renal replacement therapy at home. Each month you will receive information on current and upcoming DAYLife activities, links to relevant articles and reports, dates for your diary, as well as updates from renal teams taking part in the programme, links to case studies and blogs. In the spirit of collaboration, we hope you will get involved in sending through content, feedback and ideas for this bulletin to the contact details below.

DAYLife launches in the Midlands:

30 January 2019 saw 104 people from nine teams across the East and West Midlands gather in Birmingham to launch the DAYLife programme across the region. The nine teams taking part had met to plan the event in December 2018 and worked together to set the agenda. It was a packed day, with activities that included teams sharing their current home therapy processes, reviewing their drivers for change and planning their first cycle of change. Renal teams had the opportunity to reflect on each others' plans and practices as well as their own.

If you were at the DAYLife Midlands launch we would appreciate your feedback of the day. Please email any comments or ideas for improvement to the email at the bottom of this bulletin.

[A full report from the day and the slide-deck is available here.](#)

For participating renal units – this month in focus:

Measurement

As well as agreeing local project measures of change, dependent on the change idea decided at unit level, all units taking part in DAYLife have agreed to collect a simple set of generic metrics. A member of your project team should be filling this in on a monthly basis and sending the figures to the programme team.

Life QI

Some teams are already making use of their [Life QI account](#), building their project within this system and including their measures and driver diagrams. The DAYLife programme team will be setting up an over-arching KQuIP DAYLife programme on Life QI and inviting all local 'Life QI projects' to be a part of this network. Please get in touch if you need any support with the Life QI system.

Change cycle 1

Participating renal teams planned their first [PLAN – DO – STUDY – ACT cycle](#) at the DAYLife Midlands Launch event in January 2019. Project groups are now testing this first cycle of change and measuring the outcomes. Remember - keep it simple, and share your challenges and successes with each other along the way.



Dates for your diary:

- **19th March**
[Annual West Midlands Home Therapies Conference](#)
- **22nd May**
DAYLife training and sharing event
- **11th September**
DAYLife training and sharing event

Further reading:

- [Co-production: How are you doing? Self - assessment tool](#)
- [Making Data Count](#)
- [Listening to people: Sam's story](#)

Keep in touch:

Catherine Stannard, Quality Improvement Programme Manager: Catherine.stannard@renalregistry.nhs.uk

