

## How do we guide people through the 'new beginning' zone:

- Organisation
- Involvement
- Reassurance
- Leadership
- Praise
- Give direction
- Sustainability
- Give people roles

## New Beginning

## How people feel in the 'new beginning' zone:

- Relieved
- Elated
- Excited
- Determined
- Work still to be done
- Nervous

## How do we guide people through the 'neutral' zone

- Reassurance
- Positivity
- Leadership
- Support
- Communication
- Quick wins

## Neutral Zone

## How people feel in the 'neutral' zone:

- Sea sick
- Mutiny
- Alone
- Bored
- Impatient
- Ambivalent

## How do we guide people through the 'letting go' zone:

- Leadership
- Reassurance
- Communication

## Letting go/ Ending

## How people feel in the 'letting go' zone:

- Worried
- Anxious
- Scared
- Afraid
- Excited
- Hopeful